

First reading Isaiah 50:4-7

I did not cover my face against insult: I know I shall not be shamed. The Lord has given me a disciple's tongue. So that I may know how to reply to the wearied he provides me with speech. Each morning he wakes me to hear, to listen like a disciple. The Lord has opened my ear.

For my part, I made no resistance, neither did I turn away. I offered my back to those who struck me, my cheeks to those who tore at my beard; I did not cover my face against insult and spittle. The Lord comes to my help, so that I am untouched by the insults. So, too, I set my face like flint; I know I shall not be shamed.

The Word of the Lord **Thanks be to God**

Responsorial Psalm

R: My God, my God, why have you forsaken me?

All who see me deride me. They curl their lips, they toss their heads. 'He trusted in the Lord, let him save him; let him release him if this is his friend.' **R:**

Many dogs have surrounded me, a band of the wicked beset me. They tear holes in my hands and my feet I can count every one of my bones. **R:**

They divide my clothing among them. They cast lots for my robe. O Lord, do not leave me alone, my strength, make haste to help me! **R:**

I will tell of your name to my brethren and praise you where they are assembled. 'You who fear the Lord give him praise; all sons of Jacob, give him glory. Revere him, Israel's sons.. **R:**

Second reading Philippians 2:6-11

Christ humbled himself but God raised him high His state was divine, yet Christ Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave and became as men are; and being as all men are, he was humbler yet, even to accepting death, death on a cross.

But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

The Word of the Lord **Thanks be to God**

Gospel Acclamation

Said— Praise to you, O Christ, king of eternal glory! **Sung—** Glory to you, Word of God, Lord Jesus Christ (x2)
Christ was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all names.
Praise to you, O Christ, king of eternal glory! **Glory to you, Word of God, Lord Jesus Christ (x2)**

Gospel Mark 14:1-15:47

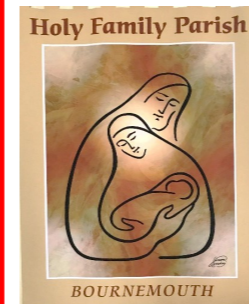
P.185 in the Mass Book

The Gospel of the Lord **Praise to you Lord Jesus Christ**

Please take time to reflect on the Gospel and the Lord's Passion

THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park

**"Hosanna in the highest!"**

This is the joyous response we will cry out to our Lord when we permit Him to enter our souls. We must sincerely offer this prayer as we enter into Holy Week because it goes to the heart of the week's two main messages: We need a Saviour, and Jesus is that Saviour.

Recognizing our need for a Saviour is humbling. We must admit our weakness and complete inability to save ourselves. But the good news is that we do not need to save ourselves. Though we are called to a life of charity and good works, those acts are not the source of our salvation—Jesus is. Once in a state of grace, it is our unfathomable privilege to share in His act of love by participating in the charity and mercy flowing into our lives from His, and bestowing it upon others.

Jesus' triumphant entry into the holy city of Jerusalem symbolizes His entry into your soul by grace. When He comes to you, lay the palms of your gratefulness and reverence before Him. Cry out, "Save me, Lord, I beseech You! Hosanna in the highest!"

If you can humble yourself today on Palm Sunday and more fully welcome your Saviour into your soul, then the mysteries we participate in this Holy Week will be much more fruitful. The days leading up to the Triduum will inspire you to ponder what is about to happen. Holy Thursday will invite you to share more fully in the Eucharistic Banquet of Christ's Body and Blood, Soul and Divinity, and will lead you to a more profound life of humble service in imitation of our Lord. Good Friday is the most powerful and transformative day of the year on which we share in the saving Sacrifice of Christ's Cross.

We do not celebrate the Mass that day because the day itself is the instrument of the grace of the Cross. Holy Saturday is a day of hopeful anticipation, and Easter Sunday is the culminating day of joy over Christ's victory. Ponder the week ahead and resolve to enter into one day at a time. Begin today by humbling yourself and acknowledging you need a Saviour, the one and only Saviour of the world. Cry out to Him and beg Him to save you.

Hosanna to You, my Lord and Saviour, hosanna in the highest! Please come to me and save me. Help me to see my absolute need for Your saving action in my life and to welcome You more fully into the temple of my Soul. Hosanna in the highest! Jesus, I trust in You! mycatholiclife.com



Together we are Church, together we are community, together we are Christ

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Dear Parishioners

Today is Palm Sunday of Lent !!!

In our Liturgy we enter the Holy Week of our liturgical year. Today Christians celebrate Palm Sunday, the triumphal entry of Jesus into his own city to complete His work as our Messiah: to suffer, die and to rise again. His triumphal entry emphasizes that these three elements belong together. Jesus' death was not a defeat but a victory, which is the genuine insight of Christianity, is being celebrated in the coming days of the week in the whole Christendom.

The Church encourages everyone to attend the services of this week and make use of this opportunity to join the Lord in His salvific mission through our bit of suffering, pain and time. May Jesus bless you all for your proclamation of being with Him at this point of time.

Jubilee Year: Pope Francis has called the Church across the world to be preparing for the 2025 as an year of Jubilee with the theme "Pilgrims of Hope". To help, daily readings below reflections on the Lord's Prayer.

23rd March Sunday	Deuteronomy 16-18
24th March Monday	Deuteronomy 19 - 21
25th March Tuesday	Deuteronomy 22 - 24
26th March Wednesday	Deuteronomy 25 - 27
27th March Thursday	Deuteronomy 28
28th March Friday	Deuteronomy 29- 30
29th March Saturday	Deuteronomy 31



The Lord's Prayer. "Give us this day our daily bread". Two thousand years after Jesus taught us this simple request to have basic food each day – we know that for many it still remains a real prayer. Many people in our country have to turn to food banks to have access to something to feed them and their families. Many parishes have supported schemes to help those in need in the community so that they can have something to eat. This "daily bread" is both a symbol and reality of the challenges which face us locally and globally, and which hit the poor and disadvantaged. Pope Francis high lights this aspect in "Laudato Si" when he writes, "we know that approximately a third of all food produced is discarded and whenever food is thrown out it is as if it were stolen out of the table of the poor".

Reflection: When they had finished making fun of Him, they took off the purple robe and put His own clothes back on Him. Then they led Him out to crucify Him" Mk.15:19-20).

In his book "Who is Christ"? Antony Podovano writes, "The suffering of the cross is not meant for itself but for something else. Christ does not suffer because suffering is in itself a value but love without restraint requires suffering....We are saved not by the physical death of Jesus but by the absoluteness of a love which did not count death too high a price"

What is one thing I have done for Christ ?
 What is one thing I am doing for Christ ?
 What is one thing I could do for Christ ?

"Unhappy is death without the Love of the Saviour; Unhappy is Love without the death of the Saviour"
 St. Francis de Sales Fr Chacko

**CLOCKS GO FORWARD 1 hour NEXT WEEKEND
 30TH MARCH**

**DON'T FORGET
 To SET
 (LOCKS FORWARD!)**



GIFT AID The Parish needs funds and by gift aiding your contributions, it makes a huge difference. Please complete a form at the back of church and return it to the office.

If you would like to pay by standing order/ direct debit, there are forms to set this up at the back of the church. You may wish to make an offering via the Parish QR code



DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 23	StB	6pm	Vigil Mass of the Passion of the Lord
Sun24	CtK	10am	Palm Sunday of the Passion of Our Lord
Mon 25	StB	6pm	The Way of the Cross followed by Mass at 6.30pm
Tues 26	CtK	9am	Adoration followed by Mass at 9.30am
Wed 27			NO MASS
Thur 28	CtK	7,30pm	Mass of The Last Supper MAUNDY THURSDAY
Fri 29	StB CtK StB	10am 3pm 7pm	The Way of the Cross Solemn Liturgy of The Lords Passion with Communion GOOD FRIDAY The Way of the Cross
Sat 30	CtK	7.30pm	The Easter Vigil HOLY SATURDAY
Sun31	CtK StB	9.30am 11am	EASTER SUNDAY

Grand mission & Holy Week - Malayalam Services 2024
 Maundy Thursday 9am at CtK 10-11pm silent prayer
 Good Friday 9am at CtK
 Easter Vigil 10.30pm at CtK

Everyone is welcome to any of these services

THE GREATEST STORY EVER TOLD

Easter is the most significant event in the Christian calendar, commemorating the resurrection and participating in the weeks services means we can fully participate in this central part of our faith. Participating in Holy Week services provides a profound opportunity for reflection and connection with the core of our faith.

Journeying from beginning to end and being part of 'the greatest story ever told' is such a wonderful experience in our commitment to our faith, why not? Even if you knew the plot of a film, you would still watch from beginning to end, wouldn't you?

Holy Week joins us as a community, worshiping and journeying together, it creates a belonging to the church and binds us in unison. It is the celebration of the Eucharist - our faith celebrates the Eucharist, the spiritual nourishment and grace we need. It joins us to those who have gone before us who have joined in this celebration, this tradition of our faith.

Make this Holy Week a priority, placing other things on hold as you engage in these services.



EASTER EGG HUNT after 11am Mass at StB on Easter Sunday

FAITH DISCUSSION GROUP will be meeting in Holy Week to share reflections in preparation for the Triduum and celebration of Easter. Come along if you can ..



Tues 26 March 7.30pm in St. Bernadette's Parish Room.

The Gift Aid envelopes for 2024-2025 are at the back of the churches. Please find the box with your name on it. If you were expecting to have envelopes OR would like to give this way please let Madeliene know. Many thanks.



EASTER FLOWERS

If you would like to make a donation towards the easter flowers in memory of loved one, contact Michelle Carroll



EASTER OFFERING

The Easter offering is an expression of gratitude from parish to priest and supplements his salary. We thank Fr Chacko for his faithful and loving service and all that he does for us. Please take an envelope at the back of the church to return at Easter for Fr Chacko. If you wish to give via BACS, please make sure it is referenced as 'Easter Offering'

PLEASE PRAY FOR OUR PARISHIONERS

Noel Harris, Sheila Shelley Margaret Simpson, Tony Bateman, Les Netherton, Anna Browne, Frances Smith, Jockeyne & Peter Cotrel, Margaret Place, Frances & Tony Herbert, The Carter family