

First reading Exodus 20:1-17

God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery. 'You shall have no gods except me. 'You shall not make yourself a carved image or any likeness of anything in heaven or on earth beneath or in the waters under the earth; you shall not bow down to them or serve them. For I, the Lord your God, am a jealous God and I punish the father's fault in the sons, the grandsons, and the great-grandsons of those who hate me; but I show kindness to thousands of those who love me and keep my commandments.

'You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave unpunished the man who utters his name to misuse it.

'Remember the sabbath day and keep it holy. For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, men or women, nor your animals nor the stranger who lives with you. For in six days the Lord made the heavens and the earth and the sea and all that these hold, but on the seventh day he rested; that is why the Lord has blessed the sabbath day and made it sacred.

'Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you. 'You shall not kill. 'You shall not commit adultery. 'You shall not steal. 'You shall not bear false witness against your neighbour. 'You shall not covet your neighbour's house. You shall not covet your neighbour's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.' The Word of the Lord **Thanks be to God**

Responsorial Psalm

R: You, Lord, have the message of eternal life.

The law of the Lord is perfect, it revives the soul. The rule of the Lord is to be trusted, it gives wisdom to the simple. **R:**

The precepts of the Lord are right, they gladden the heart. The command of the Lord is clear, it gives light to the eyes. **R:**

The fear of the Lord is holy, abiding for ever. The decrees of the Lord are truth and all of them just. **R:**

They are more to be desired than gold, than the purest of gold and sweeter are they than honey, than honey from the comb.. **R:**

Second reading 1 Corinthians 1:22-25

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. The Word of the Lord **Thanks be to God**

Gospel Acclamation

Said— Praise to you, O Christ, king of eternal glory!

I am the resurrection and the life, says the Lord; whoever believes in me will never die.

Praise to you, O Christ, king of eternal glory!

Sung— Glory to you, Word of God , Lord Jesus Christ (x2)

I am the resurrection and the life, says the Lord; whoever believes in me will never die.

Glory to you, Word of God , Lord Jesus Christ (x2)

Gospel Mark 9:2-10

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money-changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money-changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him. The Gospel of the Lord **Praise to you Lord Jesus Christ**

THE ANGELUS to be said at the end of 11am Mass

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary...**

V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary...**

V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary, ...**

V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**

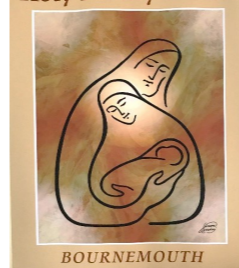
LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.**

THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



Holy Family Parish

**GOD**

- 1: Do not worship any other gods
- 2: Do not make any idols
- 3: Do not misuse the name of God
- 4: Keep the Sabbath holy

MAN

- 5: Honour your father & mother
- 6: Do not murder
- 7: Do not commit adultery
- 8: Do not steal
- 9: Do not lie
- 10: Do not covet

The 10 commandments are known as the rules given to Moses by God in order to live a Holy and Good life.

So well known and yet sometimes, seem to be 'old' and not modern?

So how are they relevant to our modern life today?

You can answer this by looking at each one and asking how it relates to our own lives in the way we treat others, the way we treat ourselves and above all , how we treat God.

These 10 ways to live give us our identity on who we are as Christians. Each one is very relevant today and with Jesus as our shepherd, helps us to find our direction.

He shows this in the Gospel today with a strong message of how the simple rule of God first can be so easily forgotten in the modern world.

So let us remind ourselves of these rules and live by them.

You wouldn't play a game of monopoly without rules would you?

Together we are Church, together we are community, together we are Christ

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Dear Parishioners

Today is Third Sunday of Lent !!!.

Pope's Intention: For New Martyrs: Intention of Pope for the month of March is to pray that those who risk their lives for the gospel in various parts of the world might imbue the church with their courage and missionary drive.

Jubilee Year: Pope Francis has called the Church across the world to be preparing for the 2025 as an year of Jubilee with the theme "Pilgrims of Hope". He has asked us to reflect on the documents of Second Vatican Council and on Lord's Prayer: We will be putting forth bits of reflections on the Lord's Prayer every week.

The Lord's Prayer. We dare to call Him Our Father. By virtue of our Baptism, we are united to the Father, as His adopted children and to each other as brothers and sisters. God's love for us is total: Motherly, paternal, unequivocal, and unconditional. The relationships that we have with our own family, with our friends, are but shadows of this relationship. This is why even where our own relationship with family, our own fathers, are weak or broken, acknowledging God as Father offers healing and peace of mind.

2nd March Sunday	Numbers 8-10
3rd March Monday	Numbers 11-13
4th March Tuesday	Numbers 14-15
5th March Wednesday	Numbers 16-17
6th March Thursday	Numbers 18-19
7th March Friday	Numbers 20-21
8th March Saturday	Numbers 22-23



Reflection: *The Jews replied "What signs can you show us authorizing you to do these things". (Jn 2:18)*

In John Chapter 2, he relates the wedding at Cana as the first of Jesus' signs. Then he relates the cleansing of the temple. Again "Signs" are in the picture. "What sign can you show us"? Gospel says "Many believed in Him....."(Jn 2:23). For they could see the Signs He was performing. John wants to teach that Jesus finished the old way of worship (In the temple) and inaugurated a new way of worship "in Spirit and Truth" (Jn 4:23) This transition was accomplished by the passion death and resurrection Jesus. Organized worship and laws for the smooth running and participation in it only make sense, if worship is motivated by Spirit and Truth. God is not interested in hypocritical display. Let us make our worship meaningful today...!

Fr Chacko

GIFT AID The Parish needs funds and by gift aiding your contributions, it makes a huge difference. Please complete a form at the back of church and return it to the office.



PLEASE PRAY FOR OUR PARISHIONERS

Noel Harris, Kevin Moore, Margaret Simpson, Sheila Shelley, Tony Bateman, Les Netherton, Anna Browne, Frances Smith, Anna Browne, Jockeyne & Peter Cotrel, Frances & Tony Herbert, The Carter family, Margaret Place



DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 2	StB	6pm	Vigil Mass of the Third Sunday in Lent
Sun 3	CtK StB	9.30am 11am	Masses of the Third Sunday in Lent
Mon 4	StB	6pm	The Way of the Cross followed by Mass at 6.30pm <i>St Casimir</i>
Tues 5	CtK	9am	Adoration followed by Mass at 9.30am <i>St Piran</i>
Wed 6			NO MASS
Thur 7	CtK	9.30am	Mass <i>St Perpetua and St Felicity</i>
Fri 8	CtK StB	9.30am 7.15pm	Mass followed by the Way of the Cross The Way of the Cross—adoration & prayer <i>St John of God—Patron of nurses</i>
Sat 9	StB	6pm	Vigil Mass of the Fourth Sunday in Lent <i>St Frances of Rome</i>
Sun10	CtK StB	9.30am 11am	Masses of the Fourth Sunday in Lent LAETARE SUNDAY



Cafod family Fast Day Appeal!
Thank you for giving to CAFOD's Family Fast Day Appeal this Lent. Your generous donations, given in love, will support families around the world and help them with the resources to feed their families for good. You can still give online at Cafod.org.uk

Saturday 16th March—the Parish BIG LENT WALK !

If you are walking, pick up a sponsor form from the back of church and if you cant walk, you can still take part and help with parts of the morning. Please put your name down of the sheets at the back of church stating what you can do to be part of the event .



POPE'S INTENTIONS for March 2024 For New Martyrs

Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive. www.thepopevideo.org

Lent 2024

The Way of the Cross (Stations of the Cross)
Mondays at 6pm at StB Fridays after 9.30am Mass at CtK and 7.15pm at StB

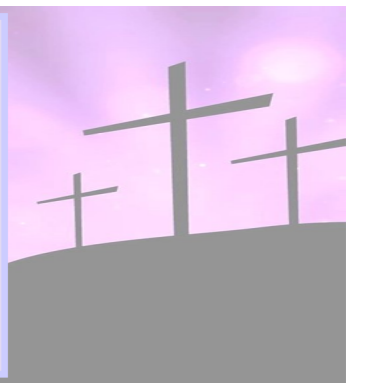
Lent Reflection & Reconciliation Service Thursday 21st March 7pm at StB

Palm Sunday (24th March) 10am at CtK

Maundy Thursday (28th March) 7.30pm at CtK

Good Friday (29th March) 3pm at CtK

Easter Vigil (30th March) 7.30pm at CtK



PARISH QUIZ

WHEN?

23 March @
7.15pm in StB

WHAT?

8 rounds— March is St Davids & St Patricks so there will be a Celtic twist! Enjoy the fun!

Contact Mike
07519932238
malaika13@yahoo.co.uk



Saints Perpetua and Felicity—7th March

Both women were new mothers and prayed for their babies when martyred in 203AD. They stood strong together to the sword as they had done when bringing Christianity to Africa. In a dream, Perpetua was shown a golden ladder of the highest length, reaching up to heaven. On the sides of the ladder were swords, lances, hooks and daggers so that if anyone did not climb looking up on Heaven, they would be severely injured. At the bottom of the ladder laid a large dragon to try to scare those journeying up away from Heaven. She saw a fellow Christian go to the top and once there, he said, "Perpetua, I wait for you, but take care that the dragon does not bite you." To which she replied, "In the name of Jesus Christ, he will not hurt me," and the dragon put his down his head. She knew that she would suffer and so kept focused on God.

Saints Perpetua & Felicity, watch over all mothers and children who are separated from each other because of war or persecution. Show a special care to mothers who are imprisoned and guide them to follow your example of faith and courage. Amen

