

**First reading** Genesis 22:1-2,9-13,15-18 ·

God put Abraham to the test. 'Abraham, Abraham' he called. 'Here I am' he replied. 'Take your son,' God said 'your only child Isaac, whom you love, and go to the land of Moriah. There you shall offer him as a burnt offering, on a mountain I will point out to you.'

When they arrived at the place God had pointed out to him, Abraham built an altar there, and arranged the wood. Then he bound his son Isaac and put him on the altar on top of the wood. Abraham stretched out his hand and seized the knife to kill his son. But the angel of the Lord called to him from heaven. 'Abraham, Abraham' he said. 'I am here' he replied. 'Do not raise your hand against the boy' the angel said. 'Do not harm him, for now I know you fear God. You have not refused me your son, your only son.' Then looking up, Abraham saw a ram caught by its horns in a bush. Abraham took the ram and offered it as a burnt-offering in place of his son.

The angel of the Lord called Abraham a second time from heaven. 'I swear by my own self – it is the Lord who speaks – because you have done this, because you have not refused me your son, your only son, I will shower blessings on you, I will make your descendants as many as the stars of heaven and the grains of sand on the seashore. Your descendants shall gain possession of the gates of their enemies. All the nations of the earth shall bless themselves by your descendants, as a reward for your obedience.

The Word of the Lord **Thanks be to God**

**Responsorial Psalm**

*R: I will walk in the presence of the Lord in the land of the living.*

I trusted, even when I said: 'I am sorely afflicted,' O precious in the eyes of the Lord is the death of his faithful. *R:*

Your servant, Lord, your servant am I; you have loosened my bonds. A thanksgiving sacrifice I make; I will call on the Lord's name. *R:*

My vows to the Lord I will fulfil before all his people, in the courts of the house of the Lord, in your midst, O Jerusalem. *R:*

**Second reading** Romans 8:31-34 ·

With God on our side who can be against us? Since God did not spare his own Son, but gave him up to benefit us all, we may be certain, after such a gift, that he will not refuse anything he can give. Could anyone accuse those that God has chosen? When God acquits, could anyone condemn? Could Christ Jesus? No! He not only died for us – he rose from the dead, and there at God's right hand he stands and pleads for us.

The Word of the Lord **Thanks be to God**

**Gospel Acclamation**

**Said— Praise to you, O Christ, king of eternal glory!**

From the bright cloud the Father's voice was heard: 'This is my Son, the Beloved. Listen to him.'

**Praise to you, O Christ, king of eternal glory!**

**Sung— Glory to you, Word of God, Lord Jesus Christ (x2)**

From the bright cloud the Father's voice was heard: 'This is my Son, the Beloved. Listen to him.'

**Glory to you, Word of God, Lord Jesus Christ (x2)**

**Gospel** Mark 9:2-10

Jesus took with him Peter and James and John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzlingly white, whiter than any earthly bleacher could make them. Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus: 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' He did not know what to say; they were so frightened. And a cloud came, covering them in shadow; and there came a voice from the cloud, 'This is my Son, the Beloved. Listen to him.' Then suddenly, when they looked round, they saw no one with them any more but only Jesus.

As they came down from the mountain he warned them to tell no one what they had seen, until after the Son of Man had risen from the dead. They observed the warning faithfully, though among themselves they discussed what 'rising from the dead' could mean.

The Gospel of the Lord **Praise to you Lord Jesus Christ**

**THE ANGELUS** to be said at the end of 11am Mass

V. The Angel of the Lord declared unto Mary. **R. And she conceived of the Holy Spirit. Hail Mary...**

V. Behold the handmaid of the Lord. **R. Be it done unto me according to thy word. Hail Mary...**

V. And the Word was made Flesh. **R. And dwelt among us. Hail Mary, ...**

V. Pray for us, O holy Mother of God. **R. That we may be made worthy of the promises of Christ.**

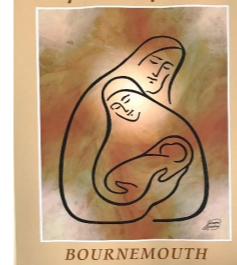
LET US PRAY: **Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.**

**THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH**

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



Holy Family Parish



In our journey to God, we have peak moments, when the ground is holy. Like Peter, we want them to last forever. But Jesus, 'only Jesus,' brings us down the mountain and prepares us for the hard times ahead, living on the memory of brief transfigurations.

Pray moments may often be transfiguration moments when we glimpse the beauty of Jesus Christ and we commit ourselves to listen to him as God invites.

Can you recall any of your peak moments?

[www.sacredspace.com](http://www.sacredspace.com)

Together we are Church, together we are community, together we are Christ

**PARISH OFFICE 01202 577638 [holyfamilykinson@gmail.com](mailto:holyfamilykinson@gmail.com)**

**Priest in Charge: Fr Chacko Panathara CM 07832026055**

**Parish Secretary: Madeleine Hughes Parish Office Hours: Mon, Tues & Fri 8am–1pm**

**Plymouth Diocesan Trust Registered Charity No: 213227**

Christ the King Church (& Office) 46 Durdells Avenue, Kinson BH11 9EH


Our Lady of Victories & St Bernadette Church 46 Draycott Rd, Ensbury Park BH105AR

**Safeguarding:** Paddy Williamson 01202 920057 (CtK) Sr Rosie 07504816370 (StB)

**Giftaid:** Madeleine Hughes

**Hospital Chaplain** Bournemouth: 01202 303626

**Parish Facebook** [Holy Family Parish Bournemouth](https://www.facebook.com/HolyFamilyParishBournemouth)

 Poole: 03000192167

Sr Rosie PHJC 97 Namu Road BH9 2RA 07504816370

Dear Parishioners

Today is Second Sunday of Lent !!!

**INSPIRE 2024:** A group of young people were inspired by the Flame 2023 event at Wembley stadium, so the Diocese of Plymouth Youth Events team decided to explore running something similar within the Diocese and Inspire was born. Whilst planning Inspire, we've found the best bands and speakers in the South West, as well as inviting One Hope Project and keynote speaker Daniella Stephens from further afield. Joe from One Hope Project along with Steve from Pursue Network have been key in planning and organising Inspire. Other bands in the line up include: Vineyard – Falmouth, and Crossbeam. Along with Daniella, we will hear from Fr Ignatius, Iona Robinson and a refugee. Similar to Flame, Inspire will conclude with adoration in the Blessed Sacrament Chapel at Buckfast Abbey. Who do you say I am? Mt 16:15 is the underpinning theme for Inspire 2024.. Inspire is on **Saturday 2nd March 2024 at Buckfast Abbey**. Tickets are £25. This event is aimed at those aged 13 – 25. Booking is essential. Please contact Michelle asap for details.

**CAFOD FAST DAY :** 23<sup>rd</sup> Friday is Cafod fast Day. During this Lent this year Caritas Diocese of Plymouth has created a Lent Calendar to suggest ways in which we can use this time for prayer, reflection and action as the service of the poor. Just a few small actions each week can make a positive difference.

<https://www.plymouth-diocese.org.uk/lentcalendar->

**Jubilee Year:** Pope Francis has called the Church across the world to be preparing for the 2025 as an year of Jubilee with the theme "Pilgrims of Hope". This weeks daily readings are listed below.

24th February Sunday	Leviticus 23-24
25th February Monday	Leviticus 25
26th February Tuesday	Leviticus 26-27
27th February Wednesday	Numbers 1-2
28th February Thursday	Numbers 3-4
29th February Friday	Numbers 5-6
1st March Saturday	Numbers 7



He has asked us to reflect on the documents of Second Vatican Council and on Lord's Prayer: We will be putting forth bits of reflections on the Lord's Prayer every week.

**The Lord's Prayer.** The Lord's Prayer highlights our new inheritance in Baptism, calling God "Our Father". We are presented with two truths: First, The loving Fatherhood of God inviting us intimacy and communion, second, Hallowing the name of God to respect and worship His greatness and His majesty. Contemporary society has a sense that fatherhood is repressive and problematic. Hence a derogatory usage of patriarchy. Unfortunately, it is the case that some fathers are no more that "begetters", having little to do with the children they help to bring into the world. We need to rediscover the identity of what it means to be true loving father.

**Reflection:** "Jesus took Peter, James, and John up a mountain. Then a cloud appeared and covered them with a shadow and a voice from the cloud said "This is my own dear Son...Hear Him" (Mk.9:7)

There is a connection between this mountain even on Mount Tabor and another mountain event at Mount Olivet. On Mount Tabor, Peter James and John saw Jesus in a moment of ecstasy, when His divinity was revealed in a privileged way. On Mount Olivet, the same three Apostles saw Jesus in His moment of agony, when His humanity was revealed in a privileged way. The two events are complimentary in that they reveal total Jesus in a total way: True God and true Man. How do I tend to relate to Jesus in my prayer life – more as God or man ?

Be thou a bright flame before me, Be thou a guiding star above me  
Be thou a smooth path below me; Be thou a kindly shepherd behind me. Today – tonight – and forever.  
(St. Columba of Iona)

Fr Chacko

**GIFT AID** The Parish needs funds and by gift aiding your contributions, it makes a huge difference. Please complete a form at the back of church and return it to the office.



**PLEASE PRAY FOR OUR PARISHIONERS**



Noel Harris, Kevin Moore, Margaret Simpson, Sheila Shelley, Tony Bateman, Les Netherton, Anna Browne, Frances Smith, Anna Browne, Jocelyne & Peter Cotrel, Frances & Tony Herbert, The Carter family, Margaret Place

DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 24	StB	6pm	Vigil Mass of the Second Sunday in Lent <i>St Walburga</i>
Sun 25	CtK StB	9.30am 11am	Masses of the Second Sunday in Lent <b>2nd Collection for CAFOD Fast Day</b> <i>11am Mass Int: Mrs B J Roskilly RIP</i>
Mon26	StB	6pm	The Way of the Cross followed by Mass at 6.30pm
Tues27	CtK	9am	Adoration followed by Mass at 9.30am <i>St Gregory of Narek</i>
Wed28			NO MASS
Thur29	CtK	9.30am	Mass
Fri 1st	CtK StB	9.30am 7.15pm	Mass followed by the Way of the Cross <i>St David—Patron of Wales</i> The Way of the Cross—adoration & prayer
Sat2nd	StB	6pm	Vigil Mass of the Third Sunday in Lent
Sun3rd	CtK StB	9.30am 11am	Masses of the Third Sunday in Lent

**CAFOD** Just one world *Cafod family Fast Day Appeal -Lent collection at masses this week (24/25 February)*

We pray for the poor and hungry of the world, may they have access to food they need to survive. For all who work for overseas development, may they work alongside the poor bringing dignity and justice.

Please take an envelope from the back of church for your donations or go online ..... [Cafod.org.uk](http://Cafod.org.uk)

**Saturday 16th March—the Parish BIG LENT WALK !**

If you are walking, pick up a sponsor form from the back of church and if you cant walk, you can still take part and help with parts of the morning. Please put your name down of the sheets at the back of church stating what you can do to be part of the event .

**POPE's INTENTIONS for March 2024** [For New Martyrs](http://For New Martyrs)

Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive. [www.thepopevideo.org](http://www.thepopevideo.org)

**Lent 2024**

**The Way of the Cross (Stations of the Cross)**  
Mondays at 6pm at StB before Mass  
Fridays after 9.30am Mass at CtK and 7pm at StB

**Lent Reflection & Reconciliation Service**  
Thursday 21st March 7pm at StB

**Palm Sunday (24th March) 10am at CtK**  
**Maunder Thursday (28th March) 7.30pm at CtK**  
**Good Friday (29th March) 3pm at CtK**  
**Easter Vigil (30th March) 7.30pm at CtK**

**ST DAVID—Patron of Wales—1st March**

St David was born in the year 500. According to legend, he was born on a Pembrokeshire clifftop during a fierce storm. He became a renowned preacher, founding monastic settlements and churches in Wales, Brittany and southwest England – including, possibly, the abbey at Glastonbury. The most famous miracle associated with St David took place when he was preaching to a large crowd in Llanddewi Brefi. When people at the back complained that they could not hear him, the ground on which he stood rose up to form a hill. A white dove, sent by God, settled on his shoulder. St David died on 1 March 589. His last words to his followers came from a sermon he gave on the previous Sunday: 'Be joyful, keep the faith, and do the little things that you have heard and seen me do.' The phrase 'Gwnewch y pethau bychain mewn bywyd' - 'Do the little things in life' - is still a well-known maxim in Wales.