

FIRST READING Daniel 7:9-10,13-14

As I watched; Thrones were set in place and one of great age took his seat. His robe was white as snow, the hair of his head as pure as wool. His throne was a blaze of flames, its wheels were a burning fire. A stream of fire poured out, issuing from his presence. A thousand thousand waited on him, ten thousands times ten thousands stood before him. A court was held and the books were opened. I gazed into the visions of the night. And I saw, coming on the clouds of heaven, one like a son of man. He came to the one of great age and was led into his presence. On him was conferred sovereignty, glory and kingship, and men of all peoples, nations and languages became his servants.

His sovereignty is an eternal sovereignty which shall never pass away, nor will his empire ever be destroyed.

The word of the Lord

Thanks be to God

RESPONSORIAL PSALM

Psalm 96: 1-2,5-6,9

R. The Lord is King, most high above all the earth

The Lord is king, let earth rejoice, let all the coastlands be glad. Cloud and darkness are his raiment; his throne justice and right

R. The Lord is King, most high above all the earth

The mountains melt like wax, before the Lord of all the earth. The skies proclaim his justice; all peoples see his glory.

R. The Lord is King, most high above all the earth

For you indeed are the Lord, most high above all the earth exalted far above all spirits

R. The Lord is King, most high above all the earth**SECOND READING**

Romans 8:26-27

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ: we had seen his majesty for ourselves. He was honoured and glorified by God, the Father, when the sublime Glory itself spoke to him and said ' This is my Son, the Beloved; he enjoys my favour'

We heard this ourselves, spoken from heaven, when we were with him on the holy mountain. So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

The word of the Lord

Thanks be to God

GOSPEL ACCLAMATION

Alleluia, alleluia! This is my Son, the Beloved, he enjoys my favour, listen to him Alleluia!

GOSPEL A reading from the holy Gospel according to Matthew 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured; his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus 'Lord', he said, 'it is wonderful for us to be here; if you wish, I will ,make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said ' This is my Son; the Beloved; he enjoys my favour. Listen to him.'

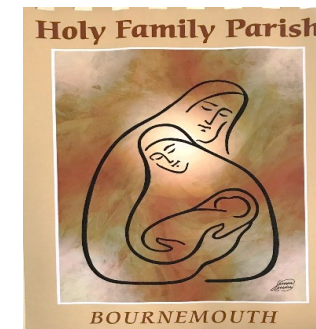
When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up' he said ' do not be afraid.' And when they raised their eyes they saw no one but only Jesus. As they came down from the mountain Jesus gave them this order. 'Tell no one about the vision until the Son of Man has risen from the dead.

The Gospel of the Lord

Praise to you Lord Jesus Christ

THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



The Transfiguration gives us a brief and fleeting glimpse of Jesus in all his glory. It is a taste of what is to come. It is offered to us encourage and challenge us in our daily lives. It reminds us that our lives are far more than what see, hear and experience every day. It is not just a matter getting through the day.

Being a follower of Jesus is about living with meaning, purpose and hope. The transfiguration not only offers us a glimpse of Jesus in all his glory, it also offers each of us a foretaste of what God promises each of us in the fullness of the Kingdom.

We may never experience anything as powerful as the Transfiguration. But every day in countless and seemingly small ways God does break into our world and our daily lives.

Every time we experience a moment of peace, joy, reconciliation or forgiveness, God is with us. Every time that we reach out to help another person is a moment of transfiguration both for ourselves and for those we help. Each time somebody shows care and concern for us is a moment when God is reaches out to us.

This week, let us open our hearts so that we may hear Jesus speaking to us. May we slow down and look for moments of small but important times of transfiguration in our own ordinary daily lives.

Michael Moore OMI

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Dear Parishioners,



This week begins the World Youth Day from 1st of August to 6th of August in Lisbon, Portugal. World Youth Day is the gathering of the young people from all over the world with Pope Francis. The theme is “Mary went with haste” (Lk.1:39). Presence of Pope Francis instils and encourages youth from all over the world to “arise and be missionaries for the Church”. Around 35400 young people as pilgrims from 143 countries are gathered in Lisbon for this event “Which fills us with great hope for the future” says Archbishop Gallagher. Let us continue to pray for the success of World gathering of Youth in Lisbon.

Reflection: “He was transfigured before their eyes” (Mt17:2).

In our best moments we are conscious that there must be something more about all we can observe. In faith, we know even that there is a beautiful reality behind the visible universe.

Yet faith like love is not always as clear as we would wish it to be.

In celebrating Our Lord’s Transfiguration, we celebrate His Kingship over creation and especially the divinization of human nature in the exalted Christ. In this mystery we anticipate our own exaltation to come.

Our meditative participation in today’s liturgy, where the gracious Lord, transfigures Himself before our eyes in the snow-white form of bread on this mount Tabor of the altar, should give us a renewed awareness of the invisible reality which will be ours in the future.

Fr Chacko

Together we are Church, together we are community, together we are Christ

POPE’S INTENTIONS for August 2023 For World Youth Day

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives. www.thepopevideo.org



Please pray for the 39 people from Plymouth Diocese who are on pilgrimage to World Youth Day with the Diocese of Plymouth. Follow them on the Diocesan Facebook page or on Instagram [dop_youth](#)

Let’s think outside the Box!

The need to stand alongside our missionaries in prayer and solidarity has never been so urgent and necessary. In many areas of the world, they will be the first to respond to the physical and spiritual needs of our sisters and brothers who are suffering. Your gift will reach missionaries and communities who need our help as soon as possible. Please take a red box and return it when you have finished putting all your loose change or notes in it.



DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 5	StB	6pm	Vigil Mass of The Transfiguration of the Lord
Sun 6	CtK StB	9.30am 11am	Masses of The Transfiguration of the Lord
Mon 7	StB	6pm	Adoration followed by Mass at 6.30 <i>St Sixtus II and St Cajetan</i>
Tues 8	CtK	9am	Adoration followed by Mass at 9.30 <i>St Dominic</i>
Wed 9			NO MASS <i>Feast of St Teresa Benedicta of the Cross</i>
Thur10	CtK	9.30am	Mass <i>Feast of St Lawrence</i>
Fri 11	CtK StB	9.30am 7pm	Mass followed by the Divine chaplet HOLY HOUR <i>St Clare—Patron of Television</i>
Sat 12	StB	6pm	Vigil Mass of The Nineteenth Sunday on Ordinary Time <i>St Jane Frances de Chantal</i>
Sun 13	CtK StB	9.30am 11am	Masses of The Nineteenth Sunday on Ordinary Time



Thank you to everyone who signed the Big Letter . Over 100 parishes have so far handed in giant letters to CAFOD which is a great response. Many Bishops & Archbishops have signed the letter in support too.

If you want to know more about the seeds issue, you can watch a recording from Farida Akhtar, Executive Director of CAFODs partner organisation in Bangladesh.

It is called ‘a struggle for control over the world’s seeds’

Cafod.org.uk/onlinetalks



HOLIDAYS

Take time to claim your strength ; they are gifts of God.

Take time to have fun; it's God's way of teaching you your strength

Take time to grow yourself; only you can grow you.

Take time to trust yourself; God trusts you.

Take time to share with others; they will bless you and you will bless them.

QUIZ ANSWERS

1. Which island is said to be the birthplace of the Goddess Aphrodite? **CYPRUS**
2. 'Barnacle Bill' is the theme tune to which long running TV programme? **BLUE PETER**
3. When were television licences first introduced in the UK? **1946**
4. A 'kaleidoscope' is the official collective noun for which creature? **BUTTERFLY**
5. What is the largest lake in the UK? **LOUGH NEAGH (NI)**
6. In terms of UK currency, what is a Titan? **£100,000,000**
7. Ascorbic acid is a form of which vitamin? **VITAMIN C**
8. Name the film that this famous quote is from: "You can't handle the truth!" **A FEW GOOD MEN**
9. What is the name of the structure in the eye responsible for controlling the diameter and size of the pupil? **IRIS**
10. In which English county is the Prime Minister's country house, Chequers? **BUCKINGHAMSHIRE**



Thanks Mike, more next week...

Trafficking in Persons

For more information & how to notice the signs, visit:

www.unseenuk.org/about-modern-slavery/spot-the-signs

If you would like support or are concerned about someone you know , please call

The safeguarding office 01364 645430 Mon– Fri 9-4.30pm

Unseen – A UK charity that provides safe houses & support in the community for survivors of trafficking and modern slavery.

24/7 Modern Slavery & Exploitation Helpline: 08000 121 700

Website:

<https://www.unseenuk.org/working-with-survivors/>

PLEASE PRAY FOR OUR PARISHIONERS



Antony Panathara John Sheehy Noel Harris Kevin Moore Margaret Simpson Sheila Shelley
Jocelyne & Peter Cotrel Tony Bateman Les Netherton Frances Smith Anna Browne
Frances & Tony Herbert Mike & Kathleen Carter Simon, Jennifer & Oliver Carter

