

9th July 2023

14th Sunday in Ordinary Time (A)

ENTRANCE ANTIPHON Your merciful love, O God, we have received in the midst of your temple.
Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice

FIRST READING A reading from Zechariah 9:9-10

The Lord says this:
Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem!
See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished.
He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.
The word of the Lord
Thanks be to God

RESPONSORIAL PSALM Psalm 144(145):1-2,8-11,13b-14

R) I will bless your name for ever, O God my King.

I will give you glory, O God my king, I will bless your name for ever.
I will bless you day after day and praise your name for ever. . *R)*

The Lord is kind and full of compassion, slow to anger, abounding in love.
How good is the Lord to all, compassionate to all his creature *R)*

All your creatures shall thank you, O Lord, and your friends shall repeat their blessing.
They shall speak of the glory of your reign and declare your might, O God. *R)*

SECOND READING Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.
So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.
The word of the Lord
Thanks be to God

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth,
for revealing the mysteries of the kingdom to mere children.
Alleluia!

GOSPEL A reading from the holy Gospel according to Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.
'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.

The Gospel of the Lord
Praise to you Lord Jesus Christ

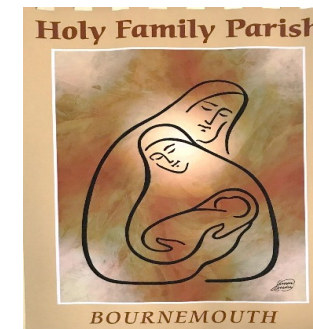
Prayer after Communion: Grant, we pray, O Lord, that, having been replenished by such great gifts, we may gain the prize of salvation and never cease to praise you. Through Christ our Lord.

14th Sunday in Ordinary Time

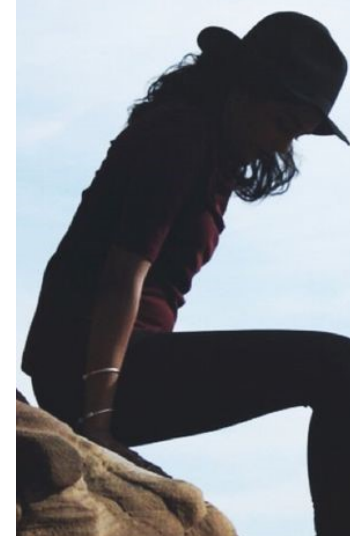
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THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



Sometimes in our shame we are
so afraid of God rejecting us,
we reject Him first.



But Jesus says,
"Come to me,
you who are weary
and heavy laden,
and I will give
you rest."
Matthew 11:28 ESV

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Priest in Charge: Fr Chacko Panathara CM 07832026055
Parish Secretary: Madeleine Hughes Parish Office Hours: Mon, Tues & Fri 8am-1pm

Plymouth Diocesan Trust Registered Charity No: 213227

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Dear Parishioners,

Today is Fourteenth Sunday in the Ordinary time!

This Sunday is **SEA SUNDAY** or SEA FARERS Sunday. There will be a retiring Mandatory collection for Stella Maris – Apostleship of the Sea. It is a special day to pray for : -

For all who sail the world to enable our safety and comfort.

For all families left behind that they may know stability and peace.

For an appreciation of the food and produce which comes us through Seafarers, that we may never take their work for granted.

SYNODALITY : New Synod document published. The final Synodal Document before the global meeting in Rome this October of the 16th Ordinary General Assembly of the Synod of Bishops was published on 20th June 2023. This 'Instrumentum Laboris' will form the basis of the discussions and discernment at the meeting. It can be accessed via the following link [Documents \(synod.va\)](https://www.vatican.va/roman_curia/synod/documents/2023/06/20230620_synodal-document_en.html). More information about this stage of the Synodal Journey and some initial reflections on the Instrumentum Laboris can be found on the web-site of the [Catholic Bishops' Conference of England and Wales](https://www.catholicbishops.org.uk/).

Reflection: Jesus said " Learn from Me for I am humble and gentle in spirit and you will find rest, For My yoke is easy and My burden light" (Mt. 11:30)

Roger Bolduc died in Waterville, Maine. After a long bout with cancer. He saw his illness as a gift from God. Shortly before dying, he wrote: "Many things upon which I placed importance in the past seem so trivial now....God has become so real.....I have always felt close to God, but I feel even closer now. I feel that he loves me more than ever.....I can feel His power – its always there. I feel that God has answered my prayers....I feel loved".

What are some "loads" or "crosses" I have had to carry in my life time ?
Did any of these turn into a blessing?

"You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you." (Walt Disney)

Fr Chacks

POPE'S INTENTIONS for July 2023 [For a Eucharistic Life](https://www.thepopevideo.org)

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

www.thepopevideo.org

QR code to make offerings to the Parish
Thank you



March for Life:
London Sat 2nd Sept.
St. Joseph's Church Branksome have booked a coach to go to the 'March for Life' If anyone would like to go, please contact St Joseph's parish office on 01202 746539 or email poole-stjoseph@prcdtr.co.uk to book a seat.

ALERT—FIRE DRILL

In the next month, there will be a fire drill at each of the weekend masses. The drill will be started by the blowing of the whistle. When this happens, please do exactly as the Fire Marshalls tell you to do and DON'T PANIC!

DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 8	StB	6pm	Vigil Mass of the Fourteenth Sunday on Ordinary Time
Sun 9	CtK StB	9.30am 11am	Masses of The Fourteenth Sunday of Ordinary Time <i>Sea Sunday- 2nd collection</i>
Mon10	StB	6pm	Adoration followed by Mass at 6.30
Tues11	CtK	9.30am	Adoration followed by Mass at 9.30 <i>St Benedict Patron of Europe</i>
Wed12			NO MASS
Thur13	CtK	9.30am	Mass <i>St Henry</i>
Fri 14	CtK StB	9.30am 7pm	Mass followed by the Divine chaplet HOLY HOUR <i>St Camillus de Lellis</i>
Sat 15	StB	6pm	Vigil Mass of the Fifteenth Sunday of Ordinary Time <i>St Bonaventure</i>
Sun 16	CtK StB	9.30am 11am	Masses of The Fifteenth Sunday of Ordinary Time

SEA SUNDAY There will be a 2nd collection this weekend for STELLA MARIS which is the largest ship-visiting network in the world. They improve the lives of seafarers and fishers through the network of local chaplains and seafarer centre, expert information, advocacy and spiritual support . Every year churches around the world celebrate Sea Sunday. It is a day for people to come together to pray for seafarers and fishers, and thank them for the vital role they play in all of our lives.



For generations small scale farmers have freely swapped and shared a wide variety of seeds. But new laws supported by the World Bank are being introduced that limit what small farmers can do with their seeds. Salina, a small scale farmer in Bangladesh has written a letter to the World Bank calling for the rights of small scale farmers to be protected. Please support this by adding your signature. It takes 5 seconds to sign your name. FOD needs your support. Please sign the 'Big Letter' which will be in the back of church on weekend of 15th/16th



A huge THANK YOU from Faith to all those who supported her in her pilgrimage to Lourdes last month. She has had a wonderful experience of service and prayer and brought all of your prayers to the grotto and placed in the prayer box (right) .. Our Lady of Lourdes... Pray for us



On 16th July, Anastasia, our Ukrainian parishioner who attends St Bernadette's and CTK, is giving a short 20 minute concert of singing and dancing with a few children who attend the little Ukrainian school she has started. It will be in the parish lounge after the 9.30 Mass to say 'thank you' for the hospitality and kindness they have all received since arriving in Bournemouth.

Would you like to help the faith journey of our young people? One of our groups, Ignite runs on a Saturday afternoon for ages 7–13 yrs. Can you spare 3 hours a month to help these young people grow in their Christian faith and identity? Turn up, be a second voice, join in the fun and maybe facilitate some discussions? Contact Laura Middleton if interested..



PLEASE PRAY FOR OUR PARISHIONERS

Jocelyne Cotrel Kevin Moor Frances & Tony Herbert
Les Netherton Frances Smith Anna Browne Tony Bateman
Noel Harris Sheila Shelley Mike & Kathleen Carter and their 5 month old grandson, Oliver who has been diagnosed with Leukaemia and his parents Simon & Jennifer

