

19TH FEBRUARY 2023

7TH SUNDAY OF ORDINARY TIME (A)

ENTRANCE ANTIPHON

O Lord, I trust in your merciful love.
My heart will rejoice in your salvation.
I will sing to the Lord who has been bountiful with me.

Ps 12: 6

THE COLLECT

Grant, we pray, almighty God,
that, always pondering spiritual things,
we may carry out in both word and deed
that which is pleasing to you.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the book of Leviticus 19: 1-2. 17-18

The Lord spoke to Moses; he said: 'Speak to the whole community of the sons of Israel and say to them: "Be holy, for I, the Lord your God, am holy.

"You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord."

The word of the Lord.
Thanks be to God.

PSALM

Ps. 102:1-4.8.10.12-13. R.v8

R) The Lord is compassion and love.

My soul, give thanks to the Lord,
all my being, bless his holy name.
My soul, give thanks to the Lord
and never forget all his blessings. **(R)**

It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion. **(R)**

The Lord is compassion and love,
slow to anger and rich in mercy.
He does not treat us according to our sins
nor repay us according to our faults. **(R)**

As far as the east is from the west
so far does he remove our sins.
As a father has compassion on his sons,
the Lord has pity on those who fear him. **(R)**

SECOND READING

A reading from the first letter of St Paul to the Corinthians 3:16-23

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple.

Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says:

The Lord knows wise men's thoughts: he knows how useless they are, or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.
Alleluia!

Jn 14:23

GOSPEL

Matthew 5:38-48

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Matthew.
Glory to you, O Lord.

Jesus said to his disciples: 'You have learnt how it was said: Eye for eye and tooth for tooth. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away.

'You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

As we celebrate your mysteries, O Lord,
with the observance that is your due,
we humbly ask you,
that what we offer to the honour of your majesty
may profit us for salvation.
Through Christ our Lord.

COMMUNION ANTIPHON

I will recount all your wonders,
I will rejoice in you and be glad,
and sing psalms to your name, O Most High.

Ps 9: 2-3

PRAYER AFTER COMMUNION

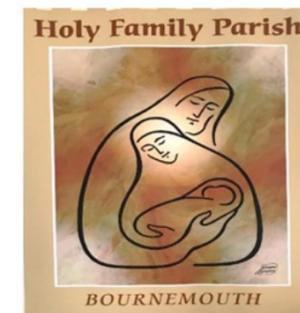
Grant, we pray, almighty God,
that we may experience the effects of the salvation
which is pledged to us by these mysteries.
Through Christ our Lord.

7th Sunday of Ordinary Time

19th February 2023

THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



Let today be the
day you give up
who you've been
for you who can
become.

Blessed Ash Wednesday

PARISH OFFICE 01202 577638 holyfamilykinson@gmail.com

Priest in Charge: Fr Chacko Panathara CM 07832026055

Parish Secretary: Madeleine Hughes
Parish Office Hours: Monday, Tuesday & Friday 8am–1pm
Plymouth Diocesan Trust Registered Charity No: 213227

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Dear Parishioners, Today is the Seventh Sunday in Ordinary Time.

This Sunday is a Day for the Unemployed. The church especially prays for all seeking work or unable to work through disability and illness, for people going through the cost of living crisis; may they place their trust in God of hope. We also pray today for politicians and all who work with economy, may they always remember the poor & those who have less.

We begin liturgically the season of Lent this week on 22nd of February, Ash Wednesday. We Catholics honour the day with Fast and Abstinence, and imposition of ashes on our forehead. As Christian tradition and practice, we prepare ourselves to celebrate the pascal mystery of Our Lord's death and resurrection by a penitential season of forty days.

Penance is part of Christian philosophy of life which has to do with sin and conversion. To achieve the inner conversion there are traditional Lenten practices of prayer, charitable works and even fasting. Indeed what we give up in during lent is a personal decision but should be related to the inner conversion to God. May this coming season of lent bring us abundant joy of inner peace and tranquillity derived from our conversion to God in love.

The Eastern Catholic traditions celebrate Ash Monday and not Ash Wednesday. And their season of Lent begins on Ash Monday.

A gesture of closeness and proximity was shown by His Holiness Pope Francis to the suffering people of Turkey and Syria by the visit of the head of the dicastery of eastern churches Archbishop Claudio Gugerotti from Feb 17th to 21st February. He meets with the different religious heads of this region, and various aid agencies and organizations, encouraging all those who are involved in the relief services, at the same time establishing a better coordination of initiatives and project preparation for all the works that will be needed in the near future.

Reflection: Jesus said "Love your enemies and pray for those who persecute you" (Mt 5:44)

Corrie ten Boom was a survivor of the Nazi concentration camp. After the war, she toured Europe, giving talks, urging rival nations to forgive one another. One night after a talk in Munich a man came up and extended his hand in a gesture of reconciliation. He was one of the most hated guards of the camp, she had been in. She couldn't take his hand. She prayed "Jesus, help me, I can't forgive him!". Instantly some higher power helped her to take his hand in forgiveness. That night Corrie learnt a great truth. The same Jesus who taught us to love our enemies, empowers us to do it. All we need to do is, ask for the power from above. When was the last time I prayed for a person who had hurt me?

Pick out such a person now and pray for him or her.

"Who has not forgiven an enemy has not yet tasted one of the most sublime enjoyments of life". (John Kaspar Lavater) Fr. Chacko

Together, we are church, Together, we are community, Together, we are Christ

Donations / offerings

ACCOUNT NAME:

PRCDTR KINSON RC PARISH

SORT CODE: 51-81-20

ACCOUNT: 72768401

Please giftaid – [Details on front](#)



Please use this QR code to make donations to the Parish or use the card machine in the porch at CtK



PLEASE PRAY FOR OUR PARISHIONERS

Joeceyne Cotrel Kevin Moor Frances & Tony Herbert Sheila Shelley
Les Netherton Frances Smith Anna Browne Tony Bateman

Please contact the Parish Office for your prayer intentions



POPE'S INTENTIONS

for February 2023

For Parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

www.thepopevideo.org

MASS

INTENTIONS

Anyone can ask a priest to offer a Mass for several reasons:

for example, in thanksgiving, for the intentions of another person (such as on a birthday), or, as is most common, for the repose of the soul of someone who has died.

We can never forget the infinite graces that flow from the Sacrifice of the Mass which benefit one's soul.

If you would like a Mass offered for your intention, please speak to Fr Chacko

Mass request envelopes are at the back of church.

DAY	CHURCH	TIME	CELEBRATION or FEAST DAY/ MEMORIAL
Sat 18	StB	6pm	Vigil Mass of the 7th Sunday in Ordinary Time Sat & Sun — GRAND MISSION for KERALANS 4-9pm Ctk
Sun 19	CtK StB	9.30am 11am	Masses the 7th Sunday in Ordinary Time 9.30am Mass Int: June & Mervyn Cheeseman 11am Mass Int: wellbeing of Tony Whitaker & John Gunstone RIP
Mon 20	StB	6pm 6.30pm	Adoration followed by Weekday Mass
Tues 21	CtK	9am	Adoration followed by Weekday Mass Mass Int: Alba Cross 80th Birthday
Wed 22	CtK StB	9.30am 6pm	ASH WEDNESDAY Mass with distribution of Ashes
Thur 23	CtK	9.30 am	Weekday Mass
Fri 24	CtK StB	9.30am 6.30 pm	Weekday Mass followed by Divine Chaplet Holy Hour please note new time
Sat 25	StB	6pm	Vigil Mass of the First Sunday of Lent
Sun 26	CtK StB	9.30am 11am	Masses of the First Sunday of Lent

"Enlightened by the Word of God"

4th March 2023 at Christ the King 10.00 – 12.00 (arrivals and coffee at 9.45)

Though our Readers have the responsibility and privilege of proclaiming the Word of God to those gathered for worship, liturgy isn't the work of just a few people. *Everyone who celebrates the liturgy has a role to play!* And the work we do together can change the world! In the Introduction to the Lectionary for Mass, we are reminded that when the Word of God is heard by those gathered, the Church is built up and grows, and God's Word is spread among the nations.

So please come along and join our Parish Readers for a morning of reflection, input and sharing on the Word of God. The session will be guided by Fr Tony Pennicott from the Bournemouth Deanery. This is also an ideal opportunity for anyone interested in joining our team of Readers. We would especially like to see more younger people taking part in this ministry.

See Sr Michele or Jenny Gunstone for more information, or just turn up on the day!

WHAT ARE YOU DOING FOR LENT?

The Parish are planning to do a walk for CAFOD between the 2 churches— walking, talking and raising money! Come and join in **Sat 25th March** more details to follow but for now

SAVE
the
DATE!



PASTORAL CARE TEAM MEETING

Tuesday
21st February
after
9.30am Mass
at CtK.

Please contact
Sr Rosie
(*details on the front*) for details about the team

Children's Liturgy



If interested in helping with this wonderful ministry, please email

Jo @ CtK

jojmartin@live.co.uk

Or Miriam @ StB

miriamlmiller@yahoo.co.uk

Meeting on
Tuesday 21st February



HELP NEEDED!

A volunteer is needed to help with **CAFOD** twice a year during Lent and Harvest before and after Mass at Christ the King. If you are able to help please speak to Janet Holland or phone 01202 577210.

CAFOD Family Fast Day – Lent Appeal MARCH 4th

This Lent, CAFOD is supporting families with the skills and tools they've asked for to fight the climate crisis. In Bangladesh, 14-year-old Dristy and her mum Rupali are building seed beds and planting palm trees to protect their crops from flooding and cyclones. Give today to help families grow in strength to adapt to the climate crisis. Envelopes will be given out at 25th/26th February weekend for you to use to donate