

**ENTRANCE ANTIPHON**

Cf. Ps 67: 6-7, 36

**God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength to his people.**

**THE COLLECT**

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

**FIRST READING**

A reading from the book of Genesis 18:20-32

The Lord said, 'How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.'

The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, 'Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?' The Lord replied, 'If at Sodom I find fifty just men in the town, I will spare the whole place because of them.'

Abraham replied, 'I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?' 'No,' he replied, 'I will not destroy it if I find forty-five just men there.' Again Abraham said to him, 'Perhaps there will only be forty there.' 'I will not do it' he replied 'for the sake of the forty.'

Abraham said, 'I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.' 'I will not do it' he replied 'if I find thirty there.' He said, 'I am bold indeed to speak like this, but perhaps there will only be twenty there.' 'I will not destroy it' he replied 'for the sake of the twenty.' He said, 'I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.' 'I will not destroy it' he replied 'for the sake of ten.'

The word of the Lord.

**Thanks be to God.**

**PSALM**

Ps. 137:1-3.6-8.R.v3

**R) On the day I called,  
you answered me, O Lord.**

I thank you, Lord, with all my heart,  
you have heard the words of my mouth.  
Before the angels I will bless you.  
I will adore before your holy temple. **(R)**

I thank you for your faithfulness and love  
which excel all we ever knew of you.  
On the day I called, you answered;  
you increased the strength of my soul. **(R)**

The Lord is high yet he looks on the lowly  
and the haughty he knows from afar.  
Though I walk in the midst of affliction  
you give me life and frustrate my foes. **(R)**

You stretch out your hand and save me,  
your hand will do all things for me.  
Your love, O Lord, is eternal,  
discard not the work of your hands. **(R)**

**SECOND READING**

A reading from the letter of St Paul to the Colossians 2:12-14

You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins.

He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

The word of the Lord.

**Thanks be to God.**

**GOSPEL ACCLAMATION**

**Alleluia, alleluia!** Jn 1:12.14

**The Word was made flesh and lived among us;  
to all who did accept him  
he gave power to become children of God. Alleluia!**

**GOSPEL**

Luke 11:1-13

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glory to you, O Lord.**

Once Jesus was in a certain place praying, and when he had finished, one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray:

"Father, may your name be held holy,  
your kingdom come;  
give us each day our daily bread,  
and forgive us our sins,  
for we ourselves forgive each one who is in debt to us.  
And do not put us to the test."

He also said to them, 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it to you," I tell you, if the man does not get up and give it him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants.

'So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**PRAYER OVER THE OFFERINGS**

Accept, O Lord, we pray, the offerings  
which we bring from the abundance of your gifts,  
that through the powerful working of your grace  
these most sacred mysteries may sanctify our present way of life  
and lead us to eternal gladness.  
Through Christ our Lord.

**COMMUNION ANTIPHON**

Ps 102: 2

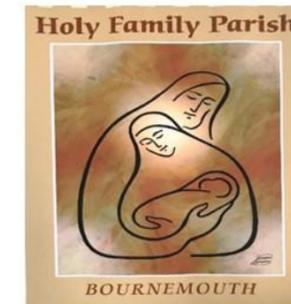
**Bless the Lord, O my soul,  
and never forget all his benefits.**

**PRAYER AFTER COMMUNION**

We have consumed, O Lord, this divine Sacrament,  
the perpetual memorial of the Passion of your Son;  
grant, we pray, that this gift,  
which he himself gave us with love beyond all telling,  
may profit us for salvation.  
Through Christ our Lord.

**THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH**

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensbury Park



**GOSPEL REFLECTION**



Today's Gospel raises the whole issue of prayer. It starts with Jesus teaching the disciples to pray – what we now know as the 'Our Father'. Then Jesus goes on to

explain what to expect when we pray. In particular, he deals here with prayers of petition. There are two important things to consider. The first is that God is our father, but unlike a 'natural' mother or father, he really does know what is best for us. So, if we ask for things which aren't good for us, he simply won't give them to us. The second thing to remember is that prayer is above all, not about asking for things, but it is about building a relationship with the Father. It is way of showing our complete dependence on his paternal love.

The basis of our prayer should always be to acknowledge our nothingness and our desire to grow in love for God and our neighbour. If we come before the Lord in this way, we can be absolutely certain that he will give us everything we need to reach the real goal of life – perfect happiness with him forever.



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**Priest in Charge: Fr Chacko Panathara CM 07832026055  
Assistant Priest : Fr Babu Mattappally CM**

Parish Secretary: Madeleine Hughes  
Parish Office Hours: Monday, Tuesday & Friday 8am–1pm  
**Plymouth Diocesan Trust Registered Charity No: 213227**

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Today, we are liturgically on the Seventeenth Sunday of the Ordinary time.

Schools are closed and Summer holidays are in!

We wish all the best for our year 6 leavers from our Christ the King School.

May they keep up the values they gained during their time of years in the school, their Alma Mater.

Thanks for a well-earned holiday. I wish you all fruitful holidays !!!

Last week Europe as a whole went through scorching temperatures that was experienced through England and Wales too, and thank God, we were unscathed !

"SEEKING OUR HEART'S DESIRE" is the document brought out by the Church in England Wales concluding the first phase of the synodal journey leading to the 2023 Synod on Synodality. It acknowledges the Concerns, Participation, Missionary dynamism and Journeying together of the Church in England and Wales. The bishop's reflection together with this national synthesis document will form the part of the European continental synodal phase planned in March 2023 and the process will continue with the Synod of Bishops in Rome in the following October.

**Reflection: "Ask and you shall receive". (Mt.7:8)**

Parents often display a remarkable patience in smilingly listening to the talk of their little children. And the little ones not only ask questions, but they ask favours. Parents listen, but do they always grant what they ask? Of course, not. The horizon of a little one is limited. Often he ask for favours which would hurt him. Prudent parents show their real love by never giving a child more freedom or favours than he can handle at a particular moment in life. However one is a teenager or an adult, it takes humility to admit that one's horizon is limited. Yet we think of both the infinite wisdom and love of the Heavenly Father , in faith we should be able to admit that He knows better whatever is best for us . It is in this context that we see our own prayers of petitions. Today's first and third readings teach us to pray with perseverance and also offer some insights on what to expect from our own petitions. He knows best that we need His Spirit to cope effectively some difficult situations or obtain the insight to solve a problem, then God has answered our prayers !

*God bless you all !!!*

*Fr Chacko*

God of peace and Justice, we pray for the people of Ukraine.

We pray for peace and laying down of weapons, we pray for all those who fear for tomorrow, that your spirit of comfort would be near to them. We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions.



Above all, we pray for all your precious children, at risk and in that you would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen

Prayer for our Diocese in search for new Bishop

"Lord God, You are our Eternal Shepherd and Guide.

In your mercy, grant to the Diocese of Plymouth a shepherd who will walk in your ways, and whose watchful care will bring us your blessing.

We ask this in the name of Christ our Lord." Amen

HOLY FAMILY PARISH PASTORAL COUNCIL

CHAIR— Michael Stead [saint.michael@hotmail.co.uk](mailto:saint.michael@hotmail.co.uk)

SECRETARY— Jenny Gunstone [jennifer.gunstone@virgin.net](mailto:jennifer.gunstone@virgin.net)



DAY	CHURCH	TIME	CELEBRATION or FEAST DAY
Sat 23	StB	6pm	Vigil Mass of the seventeenth Sunday in Ordinary time <i>St Bridget of Sweden</i>
Sun24	CtK StB	9.30am 11am	The Masses of the seventeenth Sunday in Ordinary time <i>9.30am Mass Int: Luke Dowdle &amp; Anthea Dibbens R I P</i> <b>GRANDPARENTS DAY</b>
Mon 25	StB	6pm	Adoration followed by Mass <i>Feast of St James the Apostle</i>
Tues26	CtK	9am	Adoration followed by weekday Mass <i>Ss Joachim and Anne</i>
Wed 27	St B	6.30pm	Weekday Mass <i>St Apollinaris</i>
Thur28	CtK	9.30am	Weekday mass <i>St Lawrence of Brindisi</i>
Fri 29	CtK	9.30am	Weekday Mass then exposition & Divine Chaplet <i>SS Martha, Mary &amp; Lazarus</i>
Sat 30	StB	6pm	Vigil Mass of the eighteenth Sunday in Ordinary time <i>St Germanus of Auxerre</i>
Sun31	CtK StB	9.30am 11am	The Masses of the eighteenth Sunday in Ordinary time

### St Anne & Joachim— Parents of the Blessed Virgin Mary and Jesus' grandparents

On Sunday 24th July, we celebrate the 2nd Grandparents Day and this year, the Pope has granted indulgences for the faithful... [www.vaticannews.va](http://www.vaticannews.va) and search 'Vatican grants indulgences for Day for Grandparents and Elderly' Parents of Mary, pray for all parents that they may provide the loving home and faithful teaching that you provided your daughter. Amen

**HAPPY GRANDPARENTS DAY!**



### ST GERMANUS of AUXERRE 30th July

Born in the 4th/5th Century, he became Bishop of Auxerre. He was sent to UK to preach against the Pelagian heresy. Pelagian was a monk who was becoming popular with his claim that humans could do without God's grace and could achieve holiness by their own efforts and denied original sin.

On one of his visits, Germanus built a church which is still called St Germans today and was the original Episcopal see of Cornwall.

*St Germanus, prayer for us against heresy.....*

### Holy Family Pastoral Care Team

Fr Chacko has asked Sr Rosie to take the responsibility of overseeing the Pastoral Care of Holy Family Parish and to this end, she will be speaking at all Masses this weekend about the formation of a new core team who would meet once a month to coordinate this. We would like to build a data base of all members of our Parish who are visited.

Watch this space for more information,  
Thank you



### POPE'S INTENTIONS FOR JULY 2022 *during summertime for a deeper understanding between Christians & Jews*

For all people of faith, that mutual respect and the promotion of peace be a voice for good.  
For Christian & Jewish believers, that their shared heritage of the divine Word of God enrich life and faith and deepen understanding.

**PARISH OFFICE** Please note the Parish office hours and the communication to reach the office during these times or outside. In September, Madeleine will be around before Mass on some Saturday evenings and Sunday mornings to allow anyone who can't speak to her in the week to talk then rather than disturb her during her personal time at the celebration of Mass.

**CHACKO'S CAFÉ**  
Sunday 7th August after 9.30am Mass

The collection for this week was £139.04

CHURCH OFFERINGS— Please set up standing order if you can—Bank details are as follows:

**ACCOUNT NAME:** PRC DTR KINSON RC PARISH **SORT CODE:** 51-81-20 **ACCOUNT NUMBER:** 72768401

**Collections last Sunday : Loose: £171.29 Sea Sunday: £10 SyroMalabar community: £500**  
**Standing Orders for June: £1123**

Please giftaid your offering—it really does make a difference! Contact Christine [Christine.elie21@gmail.com](mailto:Christine.elie21@gmail.com)