

ENTRANCE ANTIPHON

**Proclaim a joyful sound and let it be heard;
proclaim to the ends of the earth:
The Lord has freed his people, alleluia.**

Cf. Is 48:20

THE COLLECT

Grant, almighty God,
that we may celebrate with heartfelt devotion these days of joy,
which we keep in honour of the risen Lord,
and that what we relive in remembrance
we may always hold to in what we do.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the Acts of the Apostles

15:1-2. 22-29

Some men came down from Judaea and taught the brothers,
'Unless you have yourselves circumcised in the tradition of
Moses you cannot be saved.' This led to disagreement, and
after Paul and Barnabas had had a long argument with these
men it was arranged that Paul and Barnabas and others of the
church should go up to Jerusalem and discuss the problem
with the apostles and elders.

Then the apostles and elders decided to choose delegates to
send to Antioch with Paul and Barnabas; the whole church
concurred with this. They chose Judas known as Barsabbas
and Silas, both leading men in the brotherhood, and gave them
this letter to take with them:

'The apostles and elders, your brothers, send greetings to the
brothers of pagan birth in Antioch, Syria and Cilicia. We hear
that some of our members have disturbed you with their
demands and have unsettled your minds. They acted without
any authority from us, and so we have decided unanimously to
elect delegates and to send them to you with Barnabas and
Paul, men we highly respect who have dedicated their lives to
the name of our Lord Jesus Christ. Accordingly we are sending
you Judas and Silas, who will confirm by word of mouth what
we have written in this letter. It has been decided by the Holy
Spirit and by ourselves not to saddle you with any burden
beyond these essentials: you are to abstain from food
sacrificed to idols, from blood, from the meat of strangled
animals and from fornication. Avoid these, and you will do
what is right. Farewell.'

The word of the Lord.

Thanks be to God.

PSALM

Ps 66:2-3.5-6.8.R.v4

**R) Let the people praise you, O God;
let all the people praise you.**

O God, be gracious and bless us
and let your face shed its light upon us.
So will your ways be known upon earth,
and all nations learn your saving help. **(R)**

Let the nations be glad and exult
for you rule the world with justice.
With fairness you rule the peoples,
you guide the nations on earth. **(R)**

Let the peoples praise you, O God;
let all the peoples praise you.

May God still give us his blessing
till the ends of the earth revere him. **(R)**

SECOND READING

A reading from the book of the Apocalypse 21:10-14. 22-23
In the spirit, the angel took me to the top of an enormous high
mountain and showed me Jerusalem, the holy city, coming
down from God out of heaven. It had all the radiant glory of God
and glittered like some precious jewel of crystal-clear diamond.
The walls of it were of a great height, and had twelve gates; at

each of the twelve gates there was an angel, and over the gates
were written the names of the twelve tribes of Israel; on the east
there were three gates, on the north three gates, on the south
three gates, and on the west three gates. The city walls stood
on twelve foundation stones, each one of which bore the name
of one of the twelve apostles of the Lamb.

I saw that there was no temple in the city since the Lord God
Almighty and the Lamb were themselves the temple, and the city
did not need the sun or the moon for light, since it was lit by the
radiant glory of God and the Lamb was a lighted torch for it.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Jn 14:23

**Jesus said: 'If anyone loves me he will keep my word,
and my Father will love him, and we shall come to him.'**
Alleluia!

GOSPEL

John 14:23-29

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to John.

Glory to you, O Lord.

Jesus said to his disciples:

'If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him
and make our home with him.

Those who do not love me do not keep my words.

And my word is not my own:

it is the word of the one who sent me.

I have said these things to you

while still with you;

but the Advocate, the Holy Spirit,

whom the Father will send in my name,

will teach you everything

and remind you of all I have said to you.

Peace I bequeath to you,

my own peace I give you,

a peace the world cannot give, this is my gift to you.

Do not let your hearts be troubled or afraid.

You heard me say:

I am going away, and shall return.

If you loved me you would have been glad to know that I am

going to the Father,

for the Father is greater than I.

I have told you this now before it happens,

so that when it does happen you may believe.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May our prayers rise up to you, O Lord,
together with the sacrificial offerings,
so that, purified by your graciousness,
we may be conformed to the mysteries of your mighty love.
Through Christ our Lord.

COMMUNION ANTIPHON

Jn 14:15-16

**If you love me, keep my commandments, says the Lord,
and I will ask the Father and he will send
you another Paraclete,
to abide with you for ever, alleluia.**

PRAYER AFTER COMMUNION

Almighty ever-living God,
who restore us to eternal life in the Resurrection of Christ,
increase in us, we pray, the fruits of this paschal Sacrament
and pour into our hearts the strength of this saving food.
Through Christ our Lord.

THE PARISH OF THE HOLY FAMILY, BOURNEMOUTH

incorporating the churches of Christ the King, Kinson & St Bernadette's, Ensburry Park



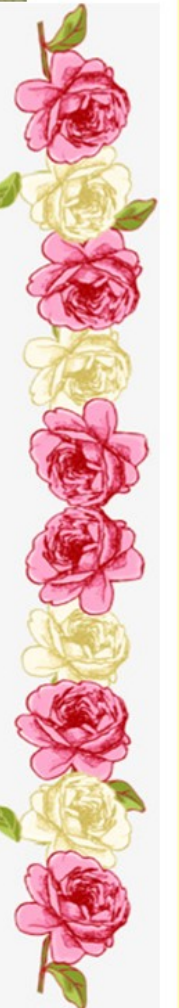
Regina Coeli

(Said from Holy Saturday to Trinity Sunday)

V. Queen of Heaven, rejoice. Alleluia
R. For He whom thou wast made worthy
to bear. Alleluia.
V. Hath risen as He said. Alleluia.
R. Pray for us to God. Alleluia.
V. Rejoice and be glad. O Virgin Mary.
Alleluia.
R. For the Lord hath risen indeed. Alleluia.

Let us pray

O God, who through the resurrection of
Thy Son, Our Lord Jesus Christ, hast
vouchsafed to make glad the world, grant
us we beseech Thee, that, through the
intercession of the Virgin Mary, His
Mother, we may attain unto the joys of
eternal life. Through the same Christ our
Lord. Amen.



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DAY	CHURCH	TIME	CELEBRATION or FEAST DAY
Sat 21	StB	5.45pm 6pm	Rosary followed by Vigil Mass of the SIXTH SUNDAY of EASTER <i>St Rita (trans from 22 May)</i> <i>St Christopher Magallanes</i>
Sun 22	CtK St B	9.30am 11am	The Masses of SIXTH SUNDAY of EASTER MANDATORY Collection for Plymouth Secular Clergy Fund
Mon 23	St B	6pm	Adoration & Rosary followed by Weekday Mass
Tues 24	CtK	9am 9.30am	Exposition of the Blessed Sacrament & Rosary Weekday Mass <i>St Aldhelm of Sherborne</i>
Wed 25			
Thur 26	CtK St B	9.30am 7pm	The Masses of the Feast of Ascension of the Lord Holy Day of Obligation
Fri 27	CtK	9.30am	Weekday Mass followed by Chaplet of Divine mercy <i>St Augustine of Canterbury</i>
Sat 28	StB	5.45pm 6pm	Rosary followed by Vigil Mass of the SEVENTH SUNDAY of EASTER
Sun 29	CtK St B	9.30am 11am	The Masses of SEVENTH SUNDAY of EASTER <i>World Communications day</i>

PLYMOUTH SECULAR CLERGY FUND

The Vicariate for Clergy exists to promote the work of the Church in the Diocese of Plymouth through the selection, formation and support of all the clergy from recruitment to resignation from office. It aims to achieve this by;

- Affirming the presbyterate and diaconate
- Supporting the human, spiritual, intellectual and pastoral development of clergy
- Promoting and discerning vocations to the priesthood and diaconate
- Resourcing the sick and retired clergy

URGENT Dear All—can you help?

Do you know a family/person who has 2 spare rooms that they could offer to Anna, her husband and 2 children for a few weeks until they have the paperwork and time to rent their own flat.

The children go to CtK school and they need to find a new home in 3 weeks time. Do you know anyone who would be willing to sponsor a Ukrainian family who hasn't been matched? IF YOU CAN HELP, Please contact Tom Brey

PRAYER FOR PEACE



God of peace and Justice, we pray for the people of Ukraine. We pray for peace and laying down of weapons, we pray for all those who fear for tomorrow, that your spirit of comfort would be near to them.

We pray for those with power over war or peace, for wisdom, discernment and compassion to guide their decisions. Above all, we pray for all your precious children, at risk and in that you would hold and protect them.

We pray in the name of Jesus, the Prince of Peace. Amen

DATES FOR YOUR DIARY

May 28th- 5pm

CEILIDH in CtK school (Laura 07443656000)

June 10th

The Orchard Nursery closing date for vacancy

June 12th - 2pm

Prayer Vigil for Ukraine -Christ the King church

June 14th - 6pm

St Peters school Year 5 Open evening

July 7th -7pm

Franciscan Prayer Group- St Bernadette's



BLESSING OF THE GROTTTO at StB Tuesday 31st 6pm before Mass

(There will be no mass on Mon 30th)

The grotto garden needs a tidy up— if you can help, please come along on Sunday 29th at 2.30pm



The Ascension does not mark the end of Jesus' relationship with His Church but the beginning of a new way of His relating to the world - in and through His Church. This way includes every one of us who now bear His name. When viewed with the eyes of living faith the Ascension can begin to change the way we view ourselves and live our daily lives.

The Ascension invites us to reflect on who Jesus is - and who we are empowered to become in Him, beginning now and opening up into the life to come. He is indeed the Way, the Truth and the Life. (John 14:6) The Feast of the Ascension of the Lord Jesus helps to explain the Christian vocation and unveils the horizon which opens before us as we continue to live our lives now in this Way called Christianity. (cf Acts 9:2, 11:26) It points to the ongoing plan of redemption for each of us. It gives us a glimpse of the loving plan of God for the whole of creation. This Feast also points us toward a deeper understanding of the Feast of Pentecost which we will soon celebrate. The very Breath of God, His Holy Spirit, has been breathed into the Body of Christ, the Church - and into each one of us as members of that Body.

Dear Parishioners,

Today, we are on the Sixth Sunday of Easter.

One figure that features in all the readings of this sixth Sunday of Easter is the **Holy Spirit**. Jesus is gradually approaching the end of his earthly ministry, so he promised to send us the Holy Spirit.

The Holy Spirit is the radiant glory that enlightens us. If we remain docile to Him, he will guide us in all our decisions and ways through this world.

"Temples of the Holy Spirit": Francis of Assisi was an ardent advocate of the doctrine of the indwelling of God in man. It enabled him to love everyone equally whatever his status in life. One day he met a fellow who had no love for God. As they walked along, they met a man who was blind and paralyzed.

St. Francis asked the sightless cripple: "Tell me if I were to restore your eyesight and the use of your limbs, would you love me?" "Ah," replied the beggar, "I would not only love you, but I would be your slave for the rest of my life." "See," said Francis to the man who maintained that he could not love God, "this man would love me if I gave him his sight and his health.

Why don't you love God who created you with eyesight and strong limbs?" — That is what Jesus tells us in today's Gospel. If we love Jesus because of the countless blessings he has given us, and so keep his word as the centre of our life, he will start dwelling within us in the company of his Father and the Holy Spirit, making us the temples of the Triune God.

God bless! Live Jesus !

Fr. Babu Francis

LET US PRAY FOR ALL THE YOUNG PEOPLE TAKING EXAMS AT THIS TIME

Father, Be with me as I take this exam. Keep my mind alert and my memory sharp.

Calm my nerves and help me concentrate.

I know that you walk with me, guiding my path and inspiring my heart.

I pray that I would feel you with me, And that your friendship would soften the pressure I feel.

I pray that I would pass this exam and go on to new things with you.

Thank you for your peace and your love in my life. Thank you for your kindness and care for me.

Amen.



ST RITA of CASCIA (22 MAY)

Born in Italy in 1381, Rita expressed from an early age the desire to become a nun. Her elderly parents insisted that she be married to a man who is described in accounts of her life as cruel and harsh. Rita prayed for him and peace and he became a gentler man and they had 2 sons.

However, her husband was involved in a violent brawl and was killed. She forgave his killers and prayed for peace between the families as her sons spoke of revenge. Rita prayed that God would save her sons from this sin and before they could carry out this revenge, they died from illnesses. Although sad, Rita was happy as she believed that God had saved them from murder. She continued to pray for peace and decided to renew her desire to become a nun. She was refused at first because she was a widow but she patiently prayed and finally the convent granted her entry. She prayed continually for peace and asked for her sufferings to be offered for peace.

In the midst of chronic illnesses, she received visions and wounds on her forehead which resembled the crown of thorns. She died on May 22 at Cascia. Miracles such as roses appearing in the winter garden were reported as she had said to reflect Rita's life which had been difficult and at times like a hard winter but that this had not stopped her bringing peace and love to others with the sweet sign of beauty in forgiveness and love.



St Rita, pray for us, that during our difficult times in life, we do not stop receiving Jesus' message of forgiveness, love and hope.