

ENTRANCE ANTIPHON

Cf. Ps 17: 19-20

The Lord became my protector.
He brought me out to a place of freedom;
he saved me because he delighted in me.

THE COLLECT

Grant us, O Lord, we pray,
that the course of our world
may be directed by your peaceful rule
and that your Church may rejoice,
untroubled in her devotion.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the book of Ecclesiasticus 27:4-7
In a shaken sieve the rubbish is left behind,
so too the defects of a man appear in his talk.
The kiln tests the work of the potter,
the test of a man is in his conversation.
The orchard where a tree grows is judged on the quality of
its fruit,
similarly a man's words betray what he feels.
Do not praise a man before he has spoken,
since this is the test of men.

The word of the Lord.
Thanks be to God.

PSALM

Ps.91:2-3,13-16. R. Cf.v2

R) It is good to give you thanks, O Lord.

It is good to give thanks to the Lord,
to make music to your name, O Most High,
to proclaim your love in the morning
and your truth in the watches of the night. **(R)**

The just will flourish like the palm tree
and grow like a Lebanon cedar. **(R)**

Planted in the house of the Lord
they will flourish in the courts of our God,
still bearing fruit when they are old,
still full of sap, still green,
to proclaim that the Lord is just.
In him, my rock, there is no wrong. **(R)**

SECOND READING

A reading from the first letter of St Paul
to the Corinthians 15:54-58

When this perishable nature has put on imperishability, and
when this mortal nature has put on immortality, then the words
of scripture will come true: Death is swallowed up in victory.
Death, where is your victory? Death, where is your sting? Now
the sting of death is sin, and sin gets its power from the Law.
So let us thank God for giving us the victory through our Lord
Jesus Christ.
Never give in then, my dear brothers, never admit defeat; keep
on working at the Lord's work always, knowing that, in the Lord,
you cannot be labouring in vain.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Cf. Acts 16:14

Alleluia, alleluia!
Open our hearts, O Lord,
to accept the words of your Son.
Alleluia!

GOSPEL

Luke 6:39-45

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Luke.
Glory to you, O Lord.

Jesus told a parable to his disciples: 'Can one blind man guide another? Surely both will fall into a pit? The disciple is not superior to his teacher; the fully trained disciple will always be like his teacher. Why do you observe the splinter in your brother's eye and never notice the plank in your own? How can you say to your brother, "Brother, let me take out the splinter that is in your eye," when you cannot see the plank in your own? Hypocrite! Take the plank out of your own eye first, and then you will see clearly enough to take out the splinter that is in your brother's eye.

'There is no sound tree that produces rotten fruit, nor again a rotten tree that produces sound fruit. For every tree can be told by its own fruit: people do not pick figs from thorns, nor gather grapes from brambles. A good man draws what is good from the store of goodness in his heart; a bad man draws what is bad from the store of badness. For a man's words flow out of what fills his heart.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O God, who provide gifts to be offered to your name
and count our oblations as signs
of our desire to serve you with devotion,
we ask of your mercy
that what you grant as the source of merit
may also help us to attain merit's reward.
Through Christ our Lord.

COMMUNION ANTIPHON

Cf. Ps 12: 6

**I will sing to the Lord who has been bountiful with me,
sing psalms to the name of the Lord Most High.**

PRAYER AFTER COMMUNION

Nourished by your saving gifts,
we beseech your mercy, Lord,
that by this same Sacrament
with which you feed us in the present age,
you may make us partakers of life eternal.
Through Christ our Lord.

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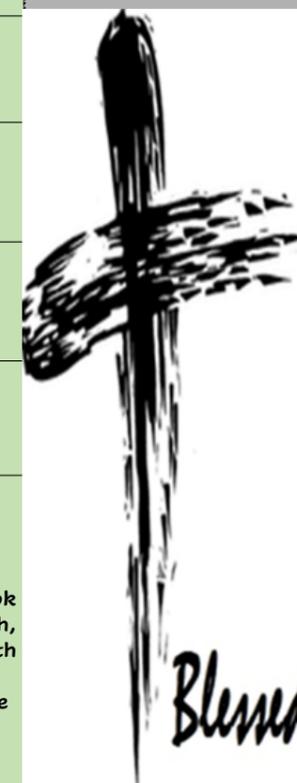


Parish Facebook
Holy Family Parish,
Bournemouth

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HOLY FAMILY
PARISH



Let today be the
day you give up
who you've been
for you who can
become.



Blended Ash Wednesday

PEACE IN UKRAINE AND THE WHOLE WORLD

Pope Francis has invited everyone to make Ash Wednesday, a Day of Fasting for Peace.

"I encourage believers and non-believers in a special way to dedicate themselves intensely to prayer and fasting on that day. May the Queen of Peace preserve the world from the madness of war," he said.

As believers, we do not lose hope for a glimmer of conscience on the part of those who hold in their hands the fortunes of the world. And we continue to pray and fast as we shall do this coming Ash Wednesday – for peace in Ukraine and in the entire world.

Here in the Holy Family Parish, we are inviting you to light a candle for peace on Ash Wednesday at the following times; 11am, 4pm and 8pm and say this prayer for peace.

A Prayer for Ukraine

God of peace and justice,
We pray for the people of Ukraine today
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow, that your spirit of comfort would draw near to them.
We pray for those with power over war or peace, for wisdom, discernment,
and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace.
Amen



(Prayer from Archbishop Justin Welby of Canterbury and Archbishop Stephen Cottrell)





HOLY FAMILY
PARISH

PARISH OF THE HOLY FAMILY, BOURNEMOUTH

Incorporating the churches of
Christ the King, Kinson and St Bernadette's, Ensbury Park

NEWSLETTER ARTICLES to michellecarroll5@aol.com 07902541195

Dear Parishioners,

Updates on Fr. Babu. Fr. Babu had a meeting with the Vicar of Clergy Canon Paul Cummins. He will have a casual meet with Bishop Mark on Saturday when Bishop is visiting Poole for addressing the synodal members of the diocese. Fr. Babu will remain in our parish for some time after Easter during this period of getting acclimatized to the Diocese. And so, our parish welcomes Fr. Babu, as he will be leading all the masses in the parish this week end.

After the Pandemic, now war. During the general audience last Wednesday, Pope expressed his anguish and concern and urged all parties concerned, "to refrain from any action that would cause even more suffering to the people. The tragic scenario that everyone feared is becoming a reality. Yet there is still time for good will, there still room for negotiation, there is still place for an exercise of wisdom that will spare the world from the folly and horrors of war. As believers, we do not lose hope for a glimmer of conscience on the part of those who hold in their hands the fortunes of the world. And we continue to pray and fast – as we shall do on this coming

ASH WEDNESDAY – for peace in Ukraine and in the entire world."

Fr Chacko



Diocese of Plymouth
From the Office of the Bishop

Pastoral Message to be shared in the Diocese of Plymouth, weekend of 26-27 February

My dear brothers and sisters,

War has come again to Europe. It is almost unimaginable for us who have lived in peace for so long. Our hearts and our prayers go out to the Ukrainian people and to all peace-loving Russians. We also pray and hope for the conversion of hearts and minds of those bent on war and aggression.

Given the reality of this war, Pope Francis has asked us all to observe Ash Wednesday as a *Day of Prayer and Fasting for Peace*. We all feel somewhat impotent. What can we do? Ash Wednesday marks the beginning of Lent, a season shaped by the disciplines of Prayer, Fasting and Almsgiving. This year, these have a particular focus for us, as we link these spiritual weapons to the reality of what we are living through in Europe at this time. We want to make real what St Paul teaches to the Corinthians:

"Death is swallowed up in victory. Death, where is your victory? Death where is your sting?Let us thank God for giving us the victory through our Lord Jesus Christ." (1 Corinthians 15: 57-58).

Firstly, is the weapon of prayer. The Mass is the most fruitful prayer in which we participate. I strongly urge all Catholics to go to Mass this Ash Wednesday to pray for Peace. Receiving ashes will have a particular poignancy as we recall the fragility of human life. We pray that all may turn from the road of hatred and of violence – Repent and believe in the Gospel!

I urge all Catholics, too, to take up again their regular attendance at Sunday Mass. Lent can be a time to renew this. Physical attendance at Mass, for those who are able, can be a practise that is lived in these days as an act of solidarity with our brothers and sisters who are suffering. We believe in 'the economy of Grace'. Where we do not find love, we pour love in, in the hope that eventually we can draw love out. As members of Christ's One Body, we know that when one part of the Body suffers, we all suffer. As we worship and adore God at Mass, we unite ourselves with Jesus' offering to the Father on the Cross. We pray that the fruits of the Lord's sacrifice be

bestowed on our sisters and brothers enduring the pain of war. So please, I urge you, return to being physically present at Mass, if you are able.

Secondly, is the weapon of fasting. Fasting entails denying ourselves some good, usually some food, but it can also be some particular enjoyment, such as watching TV or using the Internet or social media. It is a personal sacrifice, but also an act of solidarity with those who are poor, who are denied these things in daily life. How shocking it has been for us to see the scenes of panic food and fuel-buying in Ukraine, of the very real sacrifices forced on people as a result of war. Fasting brings us closer to them. It also puts us in touch with our own vulnerability, can even make us feel a little weak. But we do so to remember our dependence on God, Creator of all that is good, and in order that the fruits of Jesus Passion may be bestowed on those who are truly hungry, who really have to go without.

And then there is the weapon of almsgiving, of charitable giving. We know that this war means steeper energy and food prices. This will be felt most deeply by the poorest in our communities. It requires greater generosity from those of us who have more. The war will also lead to many refugees. I hope our countries will be generous in receiving these desperate brothers and sisters fleeing for safety from war in their homeland. May this Lent indeed help us to be more sensitive to the needs of our neighbours, both at home, and in Ukraine.

It has been made clear by our political leaders that we will not be taking a physical part in this war in Ukraine. We can be grateful for this, that we will not have to participate in the terrible bloodshed. Yet, we all want to do something to bring an end to this terrible war. So, we undertake the sacrifices of love during this Lent - prayer, fasting and almsgiving - as spiritual weapons to bring God's grace into a situation which is so desperate, and where it seems as though God is absent. Through His power and action, God can bring his redemptive love to bear on this and all dire situations, in ways unseen or unknown to us. Our acts of prayer, of fasting, of almsgiving, aid us in participating in God's redemptive action, united with all those who believe, with all those who suffer, with all those who long for an end to this war. United, too, with Mary, the first of the disciples, who is Queen of Peace, we continuously intercede, "Stop the war!"

I also ask your prayers for me.

Yours devotedly,

+ Mark O'Toole

Rt Rev Mark O'Toole
Bishop of Plymouth

DAY	CHURCH	TIME	CELEBRATION or FEAST DAY
Sat 26	St B	6pm	Vigil Mass of The Eighth Sunday of Ordinary Time
Sun 27	CtK St B	9.30am 11am	Masses of The Eighth Sunday of Ordinary Time
Mon 28	St B	6pm 6.30pm	Exposition of the Blessed Sacrament followed by Weekday Mass
Tues 1	CtK	9am 9.30am	Exposition of the Blessed Sacrament Weekday Mass <i>FEAST OF St David Patron of Wales</i>
Wed 2	CtK StB	9.30am 6.30pm	ASH WEDNESDAY —Day of fasting and Abstinence Masses & distribution of Ashes <i>DAY OF PRAYER for PEACE In the UKRAINE</i>
Thurs 3	CtK	9am 9.30am	Exposition of the Blessed Sacrament Weekday Mass after Ash Wednesday
Fri 4	CtK	9.30am	Weekday Mass followed by the chaplet of Divine Mercy & adoration <i>Womens World Day of Prayer</i>
Sat 5	St B	6pm	Vigil Mass of The first Sunday of Lent
Sun 6	CtK St B	9.30am 11am	Masses of The first Sunday of Lent

 **LENT 2022** 

We are now approaching the season of Lent. This year, the team at Caritas Plymouth is planning to take small actions each week that will make a positive difference in the lives of those around us. We challenge YOU to join us.
Take action to reach out to those in need in our local communities.
We have created two suggestions for each week of lent.
How many of these actions can you complete?

<p>Week 1</p> <p>Pray for people who may be alone or isolated. Leave a nice note for one of your friends or your boss.</p>	
<p>Week 2</p> <p>Give up a small luxury during Lent and use the money you save to help others. Pray for refugees around the world trying to make a fresh</p>	
<p>Week 3</p> <p>Think of ways to care for creation (e.g. recycle more). Write down a list of all the things you are thankful for in your life.</p>	
<p>Week 4</p> <p>Donate an item of food to a local food bank to help families in your community. Write a card to someone special to tell them what they mean to you.</p>	
<p>Week 5</p> <p>Donate things to a charity shop if you no longer need them. Notice someone doing a good deed and thank them.</p>	
<p>Week 6</p> <p>Say something nice to each person in your office or family. Share a lent prayer with friends or family</p>	

If you join us in taking action, do let us know - caritas@prcdtr.org.uk

you're invited!

Would you like to be more involved? We NEED you welcoming? reading? serving? making tea and coffee?
Please email parish office or speak to Fr Chacko





Lent prayers
Our beautiful Lenten prayers and reflections offer you the opportunity to reflect on your own or in your parish.

[Lent Calendar 2022](#)
[Lent family prayer resources](#)
[Lent and Easter 2022 intercessions](#)

Lent: Ash Wednesday begins the season of Lent. It is a day of fast and abstinence. We are encouraged and recommended a moderation in every sphere of our life and activities during this. Do something different for Lent—try CAFOD for ideas


Prayer Requests

Anne Davies
Veronica Williamson
Lucy Rose
Margaret Simpson
Linda Dunsden
Carole Hyde
Judd Barker
Marcia Russell
Anna Browne
Miriam Miller
Sheila Perry
Miriam Park
Chelsea Waring
Naille Bala
Elina O'Connor
Frances Herbert
Mary Neito
Sheila Shelley
Tony Bateman
Mary Hogan
Theresa Smith
Imogen Garcia
Michelle Waring
Katrina Brookes
Sheila Browning
Pauline Warburton
Lee Langdown
Neville Rogers
Jocelyne & Peter Cotrel
Kathleen & Mike Carter
The Martin family
The Bailey family
The Place family

PLEASE LET THE OFFICE KNOW if you are ready to have your name removed from the list.



Walk against Hunger

Challenge yourself to walk 200k this Lent and help stamp out hunger, one step at a time.

www.walk.cafod.org.uk - sign up now!

Are you ready to change your life and transform someone else's this Lent?

CAFOD
Catholic Agency for Overseas Development