

ENTRANCE ANTIPHON

Cf. Is 45:8

**Drop down the dew from above, you heavens,
and let the clouds rain down the Just One;
let the earth be opened and bring forth a Saviour.**

THE COLLECT

Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we, to whom the Incarnation of Christ your Son
was made known by the message of an Angel,
may by his Passion and Cross
be brought to the glory of his Resurrection.
Who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the prophet Micah

5:1-4

The Lord says this:

You, Bethlehem Ephrathah,
the least of the clans of Judah,
out of you will be born for me
the one who is to rule over Israel;
his origin goes back to the distant past,
to the days of old.
The Lord is therefore going to abandon them
till the time when she who is to give birth gives birth.
Then the remnant of his brothers will come back
to the sons of Israel.
He will stand and feed his flock
with the power of the Lord,
with the majesty of the name of his God.
They will live secure, for from then on he will extend his power
to the ends of the land.
He himself will be peace.

The word of the Lord.
Thanks be to God.

PSALM

Ps. 79:2-3,15-16,18-19.R.v4

**R) God of hosts, bring us back;
let your face shine on us and we shall be saved.**

O shepherd of Israel, hear us,
shine forth from your cherubim throne.
O Lord, rouse up your might,
O Lord, come to our help. **(R)**

God of hosts, turn again, we implore,
look down from heaven and see.
Visit this vine and protect it,
the vine your right hand has planted. **(R)**

May your hand be on the man you have chosen,
the man you have given your strength.
And we shall never forsake you again:
give us life that we may call upon your name. **(R)**

SECOND READING

A reading from the letter to the Hebrews

10:5-10

This is what Christ said, on coming into the world:

You who wanted no sacrifice or oblation,
prepared a body for me.
You took no pleasure in holocausts or sacrifices for sin;
then I said,
just as I was commanded in the scroll of the book,
'God, here I am! I am coming to obey your will.'

Notice that he says first: You did not want what the Law lays
down as the things to be offered, that is: the sacrifices, the
oblations, the holocausts and the sacrifices for sin, and you took
no pleasure in them; and then he says: Here I am! I am coming
to obey your will. He is abolishing the first sort to replace it with
the second. And this will was for us to be made holy by the
offering of his body made once and for all by Jesus Christ.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
I am the handmaid of the Lord:
let what you have said be done to me.
Alleluia! Lk 1:38

GOSPEL

Luke 1:39-45

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to Luke.
Glory to you, O Lord.

Mary set out and went as quickly as she could to a town in the
hill country of Judah. She went into Zechariah's house and
greeted Elizabeth. Now as soon as Elizabeth heard Mary's
greeting, the child leapt in her womb and Elizabeth was filled
with the Holy Spirit. She gave a loud cry and said, 'Of all
women you are the most blessed, and blessed is the fruit of
your womb. Why should I be honoured with a visit from the
mother of my Lord? For the moment your greeting reached my
ears, the child in my womb leapt for joy. Yes, blessed is she
who believed that the promise made her by the Lord would be
fulfilled.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May the Holy Spirit, O Lord,
sanctify these gifts laid upon your altar,
just as he filled with his power the womb of the
Blessed Virgin Mary.
Through Christ our Lord.

COMMUNION ANTIPHON

Is 7:14

**Behold, a Virgin shall conceive and bear a son;
and his name will be called Emmanuel.**

PRAYER AFTER COMMUNION

Having received this pledge of eternal redemption,
we pray, almighty God,
that, as the feast day of our salvation draws ever nearer,
so we may press forward all the more eagerly
to the worthy celebration of the mystery of your Son's Nativity.
Who lives and reigns for ever and ever.

Our Faith on Sunday

GOSPEL REFLECTION



*"How beautiful on the mountains
are the feet of one who brings good
news!"* Mary's arrival at the house
of Zechariah and Elizabeth's
greeting, are the first public
moment of Jesus' life. The first

moment, through the inspiration
of the Holy Spirit, the first
announcement, of the amazing
fulfilment of the promises made
by God to his people, of a
Messiah, a Saviour. At the house
of Zechariah, who was slow to
believe, the Messiah is recognized
and greeted by two women who
have been faithful to the
traditions and teachings of their
people. They have been faithful in
mind and heart to all that has
been taught their people through
the centuries, since Abraham was
chosen. *"Blessed are you who*

believed!" is Elizabeth's cry to
Mary; a cry with which Mary
could have praised Elizabeth in
return. Belief, faith, in Jesus will
be a key issue throughout Jesus'
life and mission – and remains so
today! *"Blessed are those,"* Jesus
said, *"who hear the word of God
and keep it."*



EVANGELII GAUDIUM (JOY OF THE GOSPEL)



A STRANGER ON THE ROAD

58. The Book of Job sees our origin in
the one Creator as the basis of certain
common rights: "Did not he who made
me in the womb also make him? And
did not the same one fashion us in the
womb?" (Job 31:15). Many centuries
later, Saint Irenaeus would use the
image of a melody to make the same
point: "One who seeks the truth should
not concentrate on the differences
between one note and another, thinking
as if each was created separately and
apart from the others; instead, he
should realize that one and the same
person composed the entire melody".⁵⁴

[54] SAINT IRENAEUS OF LYONS, *Adversus Haereses*, II, 25, 2: PG 7/1, 798ff.

SHARING THE GOOD NEWS.....

Just as Mary went to share good news with Elizabeth, we too
should be sharing the Good news of Jesus' birth !

*Do we share our faith and this wonderful reason for the
season with others so they can 'leap for joy too?'*
What stops us?

Elizabeth was excited to receive the good news and knew it
was Good indeed....

What is the Good News?
That God sent His son.
He sent Him as He promised to
repair the damage done by
Adam and Eve
People had waited thousands of
years for this to happen and here
He was finally here –
Rejoice! Rejoice!

This week make a conscious effort to share the Good news
with someone who doesn't know or understand
Share this wonderful peace and joy that the baby Jesus brings
to those around you.
Ask in prayer how you can best be used to share the news this
week as you make final preparations for the birth of our
Saviour.





HOLY FAMILY
PARISH

PARISH OF THE HOLY FAMILY, BOURNEMOUTH

Incorporating the churches of
Christ the King, Kinson and St Bernadette's, Ensbury Park
Plymouth Diocesan Trust Registered Charity No: 213227

NEWSLETTER ARTICLES to michellecarroll5@aol.com please submit by 5pm Thursday

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Giftaid contact - Christine Elie
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Dear Parishioners

Today, we celebrate Fourth Sunday of Advent!

And it is a Day for praying for the Expectant Mothers.

Christmas is at our doorstep. Even amid the fear of pandemic, we haven't lessened our enthusiasm and expectancy for the Lord's coming amidst us. Mary is given before us today as our role model for a proximate preparation for Christmas. I do really appreciate the interest and generous hospitality our First Communion children and their families showed in receiving the "POSADA" in their homes.

I am happy at the outcome of the two rounds of Synodality meetings we had on last Monday and Thursday. At least we made a start. There was perhaps a special note of "Listening Experience" in it. Listening to God in Spirit and listening to others. There is a silent, man in the Crib, with full of "listening". On last Wednesday, at the general audience, Pope Francis said "St. Joseph with his silence invites us to make room for the Presence of the Word, made flesh, Jesus". May our involvement through thoughts and actions of this parish Synodality, be the best of preparation for Christmas.

Pope Francis concluded this week's General Audience with a prayer to St Joseph:

Saint Joseph, man of silence,

you who in the Gospel did not utter a single word, teach us to fast from vain words, to rediscover the value of words that edify, encourage, console and support.

Be close to those who suffer from words that hurt, like slander and backbiting, and help us always to match words with deeds. Amen.

Reflection: When candidates for public office are campaigning, they often bring their wives and children into the picture. They expect that their family setting will tell the voters something about them as persons. And when they have been elected to the office, they make their first public appearance with their wives. What we are as persons is greatly influenced by the human beings to whom we are related. Many great men admit that they forged their career through the inspiration of their wives.

The New Testament writers describe Jesus of Nazareth, a celibate, had no wife to inspire Him to greatness but a woman is mentioned, namely Mary.

Luke says "He was obedient to them (His parents), and progressed steadily in wisdom and knowledge before God and man". (Lk 2 :51-52). It was Mary who reared the man Jesus. In preparing for Christmas, we do not leave Mary out of picture. It was her faith and obedience which made the Incarnation of the Son of God possible, which should also inspire us to greatness as Christians.

Fr Chacko

Parish Bank details ACCOUNT NAME: PRC DTR KINSON RC PARISH

SORT CODE: 51-81-20 ACCOUNT: 72768401

**CHRISTMAS OFFERINGS are for Father Chacko –
please take an envelope from the back of the church for next week's collections**

**CHRISTMAS HAMPER DRAW will be drawn this week
Thank you for the support**

DAY	TIME AND CHURCH	Celebration or Feast Day
Sat 18 th	5.30pm Confessions at St B 6pm Mass at St B	VIGIL of FOURTH SUNDAY OF ADVENT Mass Int: Eileen Richardson RIP
Sun 19 th	9.30am Mass at CTK 11am Mass at St B's	FOURTH SUNDAY OF ADVENT Expectant Mothers
Mon 20 th	6pm Adoration followed by 6.30pm Mass-StB	Advent Weekday Mass
Tues 21 st	9.30am Mass at CTK	Advent Weekday Mass
Wed 22 nd	NO MASS	
Thurs 23 rd	9am adoration followed by 9.30 Mass - CTK	Advent Weekday Mass
Fri 24 th	PLEASE SEE BELOW FOR CHRISTMAS MASS TIMES	
Sat 25 th		
Sun 26 th		



CHRISTMAS DETAILS

Christmas Eve (Fri 24th)
6.30pm Carols followed by
7.00pm Vigil Mass at Ctk
10.30pm Kerala community
Mass at CTK
Christmas Day (Sat 25th)
10.00am Mass CTK

Boxing day (Sunday 26th)

9.30am Mass – Ctk and 11.00am Mass SB

Monday 27th - St Stephens service

10.00 Ctk for the altar servers



Please remember
in your prayers...

Valerie and Michael
Chauffourier.
Lucy Rose
Margaret Simpson
Linda Dunsden
Carole Hyde
Marcia Russell
Judd Barker
Pauline Warburton
Veronica Williamson
Anna Browne
Miriam Miller
Sheila Perry
Chelsea Waring
Sheila Browning
Elina O'Connor
Frances Herbert
Miriam Park
Mary Neito
Sheila Shelley
Tony Bateman
Mary Hogan
Theresa Smith
Imogen Garcia
Naille Bala
Michelle Waring
Katrina Brookes
Lee Langdown
Neville Rogers
Jocelyne & Peter
Cotrel
Kathleen & Mike
Carter
The Place family
The Martin family
The Bailey family

I sincerely wish all Parishioners
A VERY HAPPY CHRISTMAS
From Father Chacks



 Fancy meeting other young
catholics across our diocese?

Youth Events are running a residential at
Heatree, on Dartmoor.

It is a great opportunity for young people across the diocese to come
together and have some fun together. A chance to explore Dartmoor,
enjoy outdoor activities such as climbing and abseiling, share stories
whilst sat around the campfire and explore faith in our lives.

Friday 18th to 20th February 2022
£95 all inclusive.

This event is aimed at young people aged 10 (Year 6) to 17 (Year 13)
To secure a place a £30 deposit must be received by January 9th 2022



This is a great opportunity below for young people
to meet and to build friendships with fellow young
Catholics. The week-end will focus on Luke 6: 27-
38, reflecting on how we judge others & how we
can allow others to judge us.
Need to know by January 7th if enough interest..



**Synodal Group for
our youth and Young
Adults (16 -25)**

Join us on ZOOM 7.30, Monday
evenings: January 18th, 17th, 24th,
and 30th. Reflect on a weekly
theme, share your thoughts and
listen to others.

For a ZOOM log in contact Saskia:
youth@prebtr.org.uk

For all those recently
deceased or whose
anniversaries are at
this time.....

Lord,
hear our prayers

HOLY FAMILY "WALKING TOGETHER"

Thank you to all who attended the sessions this week and for the time of 'listening', reflecting and
speaking on the questions put before the group.

All notes taken will be shared back to the Diocese. We will update you and let everyone know dates for
the next sessions. Please take time to see what's been added to our banners.

Glenn C, Jenny G, Mike M and Sr Michele