

## ENTRANCE ANTIPHON

Cf. Ps 67:6-7,36

God is in his holy place,  
God who unites those who dwell in his house;  
he himself gives might and strength to his people.

## THE COLLECT

O God, protector of those who hope in you,  
without whom nothing has firm foundation, nothing is holy,  
bestow in abundance your mercy upon us and grant that, with  
you as our ruler and guide, we may use the good things that  
pass in such a way as to hold fast even now to those that ever  
endure.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

## FIRST READING

A reading from the second book of Kings

4: 42-44

A man came from Baal-shalishah, bringing Elisha, the man of  
God, bread from the first-fruits, twenty barley loaves and fresh  
grain in the ear. 'Give it to the people to eat,' Elisha said. But  
his servant replied, 'How can I serve this to a hundred men?'  
'Give it to the people to eat,' he insisted, 'for the Lord says this,  
"They will eat and have some left over."' He served them; they  
ate and had some over, as the Lord had said.

The word of the Lord.

**Thanks be to God.**

## PSALM

Ps 144: 10-11.15-18. R.v16

**R) You open wide your hand, O Lord,  
and grant our desires.**

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **(R)**

The eyes of all creatures look to you  
and you give them their food in due time.  
You open wide your hand,  
grant the desires of all who live. **(R)**

The Lord is just in all his ways  
and loving in all his deeds.  
He is close to all who call him,  
who call on him from their hearts. **(R)**

## SECOND READING

A reading from the letter of St Paul to the Ephesians

4:1-6

I, the prisoner in the Lord, implore you to lead a life worthy of  
your vocation. Bear with one another charitably, in complete  
selflessness, gentleness and patience. Do all you can to  
preserve the unity of the Spirit by the peace that binds you  
together. There is one Body, one Spirit, just as you were all  
called into one and the same hope when you were called. There  
is one Lord, one faith, one baptism, and one God who is Father  
of all, through all and within all.

The word of the Lord.

**Thanks be to God.**

## GOSPEL ACCLAMATION

Alleluia, alleluia!

A great prophet has appeared among us;  
God has visited his people.  
Alleluia!

Lk 7:16

## GOSPEL

John 6:1-15

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

Jesus went off to the other side of the Sea of Galilee – or of  
Tiberias – and a large crowd followed him, impressed by the  
signs he gave by curing the sick. Jesus climbed the hillside, and  
sat down there with his disciples. It was shortly before the  
Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to  
Philip, 'Where can we buy some bread for these people to eat?'  
He only said this to test Philip; he himself knew exactly what he  
was going to do. Philip answered, 'Two hundred denarii would  
only buy enough to give them a small piece each.' One of his  
disciples, Andrew, Simon Peter's brother, said, 'There is a small  
boy here with five barley loaves and two fish; but what is that  
between so many?' Jesus said to them, 'Make the people sit  
down.' There was plenty of grass there, and as many as five  
thousand men sat down. Then Jesus took the loaves, gave  
thanks, and gave them out to all who were sitting ready; he then  
did the same with the fish, giving out as much as was wanted.  
When they had eaten enough he said to the disciples, 'Pick up  
the pieces left over, so that nothing gets wasted.' So they picked  
them up, and filled twelve hampers with scraps left over from  
the meal of five barley loaves. The people, seeing this sign that  
he had given, said, 'This really is the prophet who is to come  
into the world.' Jesus, who could see they were about to come  
and take him by force and make him king, escaped back to the  
hills by himself.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

## PRAYER OVER THE OFFERINGS

Accept, O Lord, we pray, the offerings  
which we bring from the abundance of your gifts,  
that through the powerful working of your grace  
these most sacred mysteries may sanctify our present  
way of life  
and lead us to eternal gladness.  
Through Christ our Lord. **Amen.**

## COMMUNION ANTIPHON

Mt 5:7-8

**Blessed are the merciful, for they shall receive mercy.  
Blessed are the clean of heart, for they shall see God.**

## PRAYER AFTER COMMUNION

We have consumed, O Lord, this divine Sacrament,  
the perpetual memorial of the Passion of your Son;  
grant, we pray, that this gift,  
which he himself gave us with love beyond all telling,  
may profit us for salvation.  
Through Christ our Lord.

## Our Faith on Sunday

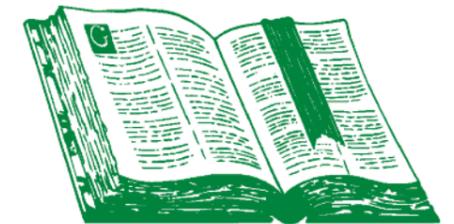
## GOSPEL REFLECTION



Jesus makes it very clear and very  
often in the Gospels, what is  
required of someone who says they  
want to follow him. One thing he  
doesn't want is half measures. It has  
to be all or nothing. In today's  
Gospel Jesus gives two examples, one

of the man who discovers a treasure  
in a field, sells everything a buys the  
field. The other who finds a pearl of  
great value and sells all his  
possessions to buy it. It is not unlike  
when a boy falls in love with a girl,  
or vice versa. Each wants to leave  
everything just to be with the  
beloved. The problem both with  
following Jesus and getting married  
is that it doesn't work if we don't  
give everything. If in marriage we  
still try to live as a single person, the  
marriage is bound to fail. If we say  
we want to follow Jesus but continue  
to live like everyone else who has not  
made that choice, we will soon find  
ourselves in trouble. Often we do

not really think about what a  
commitment such as marriage or a  
truly Christian life involves. We  
brush aside the difficult aspects to  
follow our heart. Jesus warns his  
potential followers that the only way  
to follow him is to take their daily  
cross. It is useful to remind ourselves  
of this when we seem to have 'hit the  
buffers'.



## RECEIVING THE BREAD OF LIFE

The feeding of the 5000 shows the generosity of God before He gave us the life of His son.  
Jesus says that he is the bread of life, anyone who eats of Him, will live forever.

Each week, we come to the table of the Lord to receive Him just as he asked 'Take this all  
of you and eat it.' How blessed to be at the table of the Lord especially now restrictions  
are lifting and we can come to the Lord at Mass.... Let us take a moment to reflect... How  
do we come to the table of the Lord?

The Catechism says.....

*1386- Before so great a sacrament, the faithful can only echo humbly and with ardent  
faith the words of the Centurion "Lord, I am not worthy for you to enter under my roof, but  
only say the word and I shall be healed"*

*1387 – To prepare for worthy reception of this Sacrament, the faithful should observe the  
fast required in their church. Bodily demeanour (gestures, clothing) ought to convey  
respect, solemnity, and joy of this moment when Christ becomes our guest.*

How beautiful it was to see the children receiving the first Holy Communion recently, all  
dressed smart (Sunday best) and waiting eagerly to receive the Lord.

Do we come to the table in respect at being at  
this same invitation to the Lord's table?

Does what we wear and how we act in mass  
show that we are in the Lord's presence;

Are our hands clean and ready to receive the  
Lord when we go to communion?

Do we wait eagerly for this gift as we line up  
for communion?

Do we fast one hour before so that we physically  
hunger and thirst for the Eucharist? This physical state strengthens our spiritual focus on  
the lord, so that we may humbly receive His nourishment.

What are we expecting? Do we take time afterwards to allow God to speak to us, to  
nourish us, to let us know He is with us? When Jesus breaks bread, our lives are  
multiplied..

*Jesus, I give You all of my life, multiply it.... Amen*

EVANGELII GAUDIUM  
(JOY OF THE GOSPEL)BROTHERS AND SISTERS ALL  
AN ABSENCE OF HUMAN  
DIGNITY ON THE BORDERS

38. Sadly, some "are attracted by Western  
culture, sometimes with unrealistic  
expectations that expose them to grave  
disappointments. Unscrupulous traffickers,  
frequently linked to drug cartels or arms  
cartels, exploit the weakness of migrants, who  
too often experience violence, trafficking,  
psychological and physical abuse and untold  
sufferings on their journey". Those who  
emigrate "experience separation from their  
place of origin, and often a cultural and  
religious uprooting as well. Fragmentation is  
also felt by the communities they leave behind,  
which lose their most vigorous and  
enterprising elements, and by families,  
especially when one or both of the parents  
migrates, leaving the children in the country of  
origin". For this reason, "there is also a need to  
reaffirm the right not to emigrate, that is, to  
remain in one's homeland".





HOLY FAMILY  
PARISH

## PARISH OF THE HOLY FAMILY, BOURNEMOUTH

Incorporating the churches of  
Christ the King, Kinson and St Bernadette's, Ensbury Park  
Plymouth Diocesan Trust Registered Charity No: 213227

NEWSLETTER ARTICLES to [michellecarroll5@aol.com](mailto:michellecarroll5@aol.com) please submit by 5pm Thursday

PARISH OFFICE 01202 577638  
[holyfamilykinson@gmail.com](mailto:holyfamilykinson@gmail.com)

Christ the King Church  
(& Parish Office)  
46 Durdells Avenue, Kinson  
BH11 9EH

Our Lady of Victories &  
St Bernadette Church  
46 Draycott Road,  
Ensbury Park BH10 5AR

Fr Chacko Panathara C.M  
07832026055

LSU Sisters  
79 Rochester Road  
BH11 8AH 01202 383016

Sr Rosie PHJC  
97 Namu Road  
BH9 2RA 07504816370

Safeguarding;  
Paddy Williamson (CTK)  
01202 920057  
Mike Carter (St B)  
07468480837

Hospital Chaplain  
Bournemouth 01202 704221  
Poole 01202 442167



Keep up to date with  
the Parish Facebook  
Holy Family Parish  
Bournemouth

### A MESSAGE FROM FR CHACKO

*My Dear Parishioners,*

Today, we celebrate Seventeenth Sunday in Ordinary Time!

Today is also the world Day for Grandparents and the elderly as declared by Pope Francis. And this is the first ever world Day for grandparents and the elderly, the fruit of the Pope's document "Amoris Laetitia" The Joy of Love in this Family year.

This feast highlights the importance of pastoral care of the elderly in the Christian community. Holy Father reminds the whole world that "the voice of the elderly is precious because it sings the praises of God and preserves the roots of the peoples". It comes at the right time, when we are able to meet and hug each other, hold the hands of our grandparents and the elderly, sharing meals and our joys spending time with them.

Let us celebrate it and pray for them today commending them to the intercession of Saints Joachim and Anne, the patrons of Grandparents whose feast we celebrate on Monday.

My sincere thanks to Fr. Tony and Canon Pat Chrystal for celebrating Holy Mass in our churches this weekend. As for myself, am convalescing and am speedily recovering to normalcy, though it might take few weeks more for me to be on my legs without a walker. Thanks a lot for all your prayers and wishes.

Schools are closed for summer vacation, and we are anxious to get to different destinations for a well deserving holiday. Let us keep in mind that we are not fully out of the situation we were in and so keep living the three mantras of keeping masks, sanitizing, and distancing.

Jesus feeding the five thousand in today's gospel leads us to the significance symbolism of eating together. It constitutes a beautiful means of communication, that is person to person. Let us be exposed to a warm and animating table fellowship which we have lost these days amid a busy world around us and other medias leading us aloof. Happy is the family that insists on at least one meal together every day. It should be a meal begun with a blessing and possibly concluding with a short bible reading. Thus the family that eats and prays together, stays together!

May God bless you all from His abundance. In the meantime, stay safe and be blessed!!!!

*Fr Chacko*

### OFFERINGS –PLEASE SET UP STANDING ORDER ☺☺

BANK DETAILS: PRCDTR KINSON RC PARISH  
SORT CODE: 51-81-20 ACCOUNT: 72768401

If you are a taxpayer, please giftaid, it really does make a difference to the Parish.  
For more information, contact Christine Elie [Christine.elie21@gmail.com](mailto:Christine.elie21@gmail.com)

**WHEN GOD GIVES, HE GIVES ABUNDANTLY SO WE CAN SHARE WITH OTHERS.....**

*Lord Jesus, you satisfy the deepest longing of our heart and you feed us with the finest wheat (Psalm 81:16). Fill me with gratitude and give me a generous heart that I may freely share with others what you have given to me. AMEN*

DAY	TIME AND CHURCH	Celebration or Feast Day
Sat 24 <sup>th</sup>	6pm at St Bernadettes	Mass – VIGIL MASS for 17th SUNDAY IN ORDINARY TIME
Sun 25 <sup>th</sup>	9.30am Christ the King LIVE STREAMED	17TH SUNDAY IN ORDINARY TIME WORLD DAY for GRANDPARENTS
Mon 26	6pm Adoration & Prayer 6.30pm Service at St B	Eucharistic Service
Tues 27	NO MASS	
Wed 28	NO MASS	
Thur 29	NO MASS	
Fri 30	NO MASS	
Sat 31 <sup>st</sup>	11am Mass at CTK 6pm at St Bernadettes	Thanksgiving Mass for Bill Blackburn * Eucharistic Service
Sun 1 <sup>st</sup>	9.30am Christ the King LIVE STREAMED	18TH SUNDAY IN ORDINARY TIME Mass Int: Joseph Cummings RIP

**MASS ATTENDANCE** please remember to book.

To book attendance, email; [carmelbending1922@gmail.com](mailto:carmelbending1922@gmail.com) (for CTK)  
[michellecarroll5@aol.com](mailto:michellecarroll5@aol.com) (for StB)

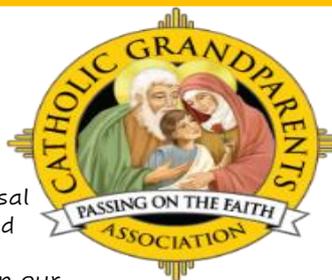
\* **BILL BLACKBURN SERVICE- 31<sup>st</sup> July at CTK - Please let Carmel know if you wish to attend**

### The First World Day for Grandparents - Sunday 25th July

There will be a special blessing for all grandparents at both masses this weekend for their role and vocation in passing on their faith to the next generation.

Grandparents are often overlooked, but this new day in the Universal Church calendar is a momentous achievement for Grandparents and Will hopefully reassure them that they are loved and that they are needed. Would you like to meet with other catholic grandparents in our parish to share and compare experiences, successes and challenges of grandparenting? Please email Michelle Carroll for a new group starting in the Autumn

*St Joachim and St Anne, pray for us*



#### GUIDELINES FROM 19<sup>TH</sup> JULY for CHURCHES

- \*Face masks and sanitising to continue as before
- \* Offertory procession including money collection
- \* Track and Trace information to continue and ventilation
- \*Cleaning still to be carried out but one way system not needed
- \*No Holy water in stoups

If a person has tested positive for COVID19, been exposed to someone else who has or is showing any symptoms for COVID, isolate and NOT attend Mass or the church

We are looking forward to welcoming back to Mass those who have been unable to attend for the last 18 months and as we do, we need new and more new people to carry out ministers in the church!

Reading, serving, stewarding, Minister of the Eucharist?  
Would you like to help? Contact michelle carroll

#### Diocesan summer Camps via zoom

**BOOK NOW! 9<sup>th</sup> – 13<sup>th</sup> August**

Junior camp -years 3-6 further info: [juniorcamp@prcdtr.org.uk](mailto:juniorcamp@prcdtr.org.uk)  
Senior Camp -years 7-10 further info: [seniorcamp@prcdtr.org.uk](mailto:seniorcamp@prcdtr.org.uk)

### PARISH QUIZ NIGHT

**WHEN?** Friday 30<sup>th</sup> July 7pm

**WHERE?** St Bernadettes church Hall

**WHY?** To raise money for the Parish

To practice for the Diocesan Quiz in September

**WHAT?** 8 rounds- religion, Patron Saints, Food & Drink and Music.

**HOW?** Teams of up to 6 - £1 per person entry

**MORE?** Mike Mahon 07519932238 or [malaika13@yahoo.co.uk](mailto:malaika13@yahoo.co.uk)



Please remember in your prayers...

Fr Chacko  
Carol Hyde  
Christopher Budd  
Naille Bala  
Canon John Webb  
Tony Bateman  
Margaret Simpson  
Gareth Hughes  
Marcia Russell  
Pauline Warburton  
Veronica Williamson



Anna Browne  
Lucy Rose  
Miriam Miller  
Sheila Perry  
Chelsea Waring  
Sheila Browning  
Maria Heyes  
Mary Carmody  
Miriam Park  
Mary Neito  
Anne Flood  
Sheila Shelley  
Judd Barker  
Theresa Smith  
Grace Leung  
Imogen Garcia  
Thomas Torok  
Mary Hogan  
Katrina Brookes  
Mary Trott  
Lee Langdown  
Neville Rogers  
Barbara Rogers  
Frances Herbert  
Elina O'Connor  
The Martin family  
The Bailey family  
The Russell family  
The Place & family  
Kathleen & Mike Carter  
Jocelyne & Peter Cotrel

Those who have died recently & whose anniversaries are at this time....  
Elwyn Hughes

Please let Madeleine know if you are ready to have your name removed or wish for a name to be added..