

ENTRANCE ANTIPHON

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

THE COLLECT

Show favour, O Lord, to your servants
and mercifully increase the gifts of your grace,
that, made fervent in hope, faith and charity,
they may be ever watchful in keeping your commands.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

FIRST READING

A reading from the prophet Jeremiah

23:1-6

'Doom for the shepherds who allow the flock of my pasture to be destroyed and scattered – it is the Lord who speaks! This, therefore, is what the Lord, the God of Israel, says about the shepherds in charge of my people: You have let my flock be scattered and go wandering and have not taken care of them. Right, I will take care of you for your misdeeds – it is the Lord who speaks! But the remnant of my flock I myself will gather from all the countries where I have dispersed them, and will bring them back to their pastures: they shall be fruitful and increase in numbers. I will raise up shepherds to look after them and pasture them; no fear, no terror for them any more; not one shall be lost – it is the Lord who speaks!

See, the days are coming – it is the Lord
who speaks –
when I will raise a virtuous Branch for David,
who will reign as true king and be wise,
practising honesty and integrity in the land.
In his days Judah will be saved
and Israel dwell in confidence.
And this is the name he will be called:
The Lord-our-integrity.'

The word of the Lord.
Thanks be to God.

PSALM

Ps 22. R.v1

**R) The Lord is my shepherd;
there is nothing I shall want.**

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit. **(R)**

He guides me along the right path;
he is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort. **(R)**

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing. **(R)**

Surely goodness and kindness
shall follow me all the days of my life.
In the Lord's own house shall I dwell
for ever and ever. **(R)**

Ps 53:6,8

SECOND READING

A reading from the letter of St Paul to the Ephesians 2:13-18

In Christ Jesus, you that used to be so far apart from us have been brought very close, by the blood of Christ. For he is the peace between us, and has made the two into one and broken down the barrier which used to keep them apart, actually destroying in his own person the hostility caused by the rules and decrees of the Law. This was to create one single New Man in himself out of the two of them and by restoring peace through the cross, to unite them both in a single Body and reconcile them with God. In his own person he killed the hostility. Later he came to bring the good news of peace, peace to you who were far away and peace to those who were near at hand. Through him, both of us have in the one Spirit our way to come to the Father.

The word of the Lord.
Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia! Jn 10:27
**The sheep that belong to me listen to my voice,
says the Lord,
I know them and they follow me.
Alleluia!**

GOSPEL

Mark 6:30-34

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Mark.
Glory to you, O Lord.

The apostles rejoined Jesus and told him all they had done and taught. Then he said to them, 'You must come away to some lonely place all by yourselves and rest for a while'; for there were so many coming and going that the apostles had no time even to eat. So they went off in a boat to a lonely place where they could be by themselves. But people saw them going, and many could guess where; and from every town they all hurried to the place on foot and reached it before them. So as he stepped ashore he saw a large crowd; and he took pity on them because they were like sheep without a shepherd, and he set himself to teach them at some length.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all.
Through Christ our Lord.

COMMUNION ANTIPHON Rv 3:20

**Behold, I stand at the door and knock, says the Lord.
If anyone hears my voice and opens the door to me,
I will enter his house and dine with him, and he with me.**

PRAYER AFTER COMMUNION

Graciously be present to your people, we pray, O Lord,
and lead those you have imbued with heavenly mysteries
to pass from former ways to newness of life.
Through Christ our Lord.

Our Faith on Sunday

GOSPEL REFLECTION



Jesus is concerned for his apostles: they must be exhausted. So he and they try to escape to "a lonely place", but without success! The crowds are there to meet them; the crowds to whom Jesus has been preaching while his apostles toured the villages. The presence of the

crowds, their eagerness, their need, calls to the heart of the "Good Shepherd"; he cannot rest; he starts again to teach. Perhaps the apostles sighed; but then, they were also 'sheep', learners, eager to hear from the 'One Teacher'. Jesus is always, and still is, the "One Teacher. All who come after him – whether the apostles, the Pope and bishops; priests, catechists – teach for him and in him; they have no other authority. In relation to the "Good Shepherd" – who, as he assures us and has demonstrated, comes from Heaven and is the Truth - we are all learners, all sheep. Such is the pity and concern of the Good Shepherd for the sheep, that from Heaven he

still teaches and guides: "I shall not leave you orphans," he said at the Last Supper. "In a short time the world will no longer see me; but you will see that I live." History has proved the truth of his promise: for 2000 years his Church – which is himself and in him the faithful – has stood firm - in spite of being often rocked to its foundations by the unfaithful.



SYMBOLS OF THE ROMAN CATHOLIC CHURCH

A
Ω

Alpha and Omega are the first and last letters of the Greek alphabet – the beginning and end are used to represent God's eternity. You may recall that at the beginning of the Easter Vigil Mass, after the blessing of the new fire, the Priest cuts a cross into the candle with a stylus. Then he makes the Greek letter Alpha above the cross, the letter Omega below, and the four numerals of the current year between the arms of the cross. And the Book of Revelation 1:8 says it all;

"I am the Alpha and the Omega" says the Lord God "the one who is and who was and who is to come, the almighty".



This is referred to as the "Chi Rho" and is a reminder of Jesus. It is composed of the first two letters of the Greek word for Christ. Although the letters look like a P and an X superimposed on one another, they are actually Greek letters and are meant to call our mind to Jesus Christ. This symbol was used by the Roman Emperor Constantine on his flag as a sign of his devotion to Christ.

You will, of course, often see the above symbols embroidered onto priests' vestments. Look out for these and maybe others too.....

EVANGELII GAUDIUM (JOY OF THE GOSPEL)



BROTHERS AND SISTERS ALL AN ABSENCE OF HUMAN DIGNITY ON THE BORDERS

37. Certain populist political regimes, as well as certain liberal economic approaches, maintain that an influx of migrants is to be prevented at all costs. Arguments are also made for the propriety of limiting aid to poor countries, so that they can hit rock bottom and find themselves forced to take austerity measures. One fails to realize that behind such statements, abstract and hard to support, great numbers of lives are at stake. Many migrants have fled from war, persecution and natural catastrophes. Others, rightly, "are seeking opportunities for themselves and their families. They dream of a better future and they want to create the conditions for achieving it".





HOLY FAMILY
PARISH

PARISH OF THE HOLY FAMILY, BOURNEMOUTH

Incorporating the churches of
Christ the King, Kinson and St Bernadette's, Ensbury Park
Plymouth Diocesan Trust Registered Charity No: 213227

NEWSLETTER ARTICLES to michellecarroll5@aol.com please submit by 5pm Thursday

PARISH OFFICE 01202 577638
holyfamilykinson@gmail.com

Christ the King Church
(& Parish Office)
46 Durdells Avenue, Kinson
BH11 9EH

Our Lady of Victories &
St Bernadette Church
46 Draycott Road,
Ensbury Park BH10 5AR

Fr Chacko Panathara C.M
07832026055

LSU Sisters
79 Rochester Road
BH11 8AH 01202 383016

Sr Rosie PHJC
97 Namu Road
BH9 2RA 07504816370

Safeguarding;
Paddy Williamson (CTK)
01202 920057
Mike Carter (St B)
07468480837

Hospital Chaplain
Bournemouth 01202 704221
Poole 01202 442167



Keep up to date with
the Parish Facebook
Holy Family Parish
Bournemouth

A MESSAGE FROM FR CHACKO

My Dear Parishioners,

Today, we celebrate Sixteenth Sunday in Ordinary Time.

I sincerely thank Fr.Tony and Fr.Pat who will be celebrating Holy Mass for us in our parish this weekend.

Our country enters the 4th stage of its roadmap to easing Covid 19 restrictions on July 19th, Monday. Even while confirming it, our leaders say that this pandemic is not over, and we need to be cautious. It is mostly left to our own sense of awareness of the situation.

I still await the required regulations and suggestions from the Diocese. So for the time being we shall still maintain the status quo in our gatherings in the church, that is, wearing masks, sanitising and social distancing. We might be able to allow an increase of the number of people attending in our liturgical celebrations.

Let us remember and continue to pray for Pope Francis who was discharged on Wednesday from Rome's Gemelli Hospital where he was admitted and is back home. May the good Lord protect him and be safely back in his Petrine ministry. I for myself, am convalescing and am speedily recovering to normalcy, though it might take few weeks more to be on my legs without a walker. Thanks a lot for all your prayers and wishes.

As we read in today's Gospel (Things get so hectic) that Jesus and His disciples did not have time to eat. So Jesus says in today's gospel "Let's go off.....to some place where we will be alone, and you can rest a while".(Mk 6:31).

An Amazon explorer tried a forced march through the jungle. The first two days went well. But on the third day, the native porters wouldn't move, saying "We can't go on, we have to let our souls catch up with our bodies!". Yes, we all need to pause sometime in our life and catch up with our bodies. What is one unexpected benefit that I have experienced as a result of my practice of quiet meditation?

Settle yourselves in solitude, and you will come upon Him in yourself. (St.Teresa)

May God bless you all from His abundance. In the meantime, stay safe and be blessed!!!!

Fr Chacko

OFFERINGS –PLEASE SET UP STANDING ORDER ☺

BANK DETAILS: PRC DTR KINSON RC PARISH
SORT CODE: 51-81-20 ACCOUNT: 72768401

If you are a taxpayer, please giftaid, it really does make a difference to the Parish.
For more information, contact Christine Elie Christine.elie21@gmail.com

CHILDRENS LITURGY

*It is hoped that face to face liturgy for children will resume on September 5th; please continue to pray for the end to the pandemic so that it is possible.
Thank you to our Catechists who have continued to include our children in their weekly videos, and these videos will continue until then.*

DAY	TIME AND CHURCH	Celebration or Feast Day
Sat 17	6pm at St Bernadettes	Mass – VIGIL MASS for 16th SUNDAY IN ORDINARY TIME
Sun 18	9.30am Christ the King LIVE STREAMED	16TH SUNDAY IN ORDINARY TIME
Mon 19	6pm Adoration & Prayer 6.30pm Service at St B	Eucharistic Service
Tues 20	NO MASS	
Wed 21	NO MASS	
Thur 22	NO MASS	Feast Day of St Mary Magdalene
Fri 23	NO MASS	Feast Day of St Bridget of Sweden – Patron of Europe
Sat 24 th	6pm at St Bernadettes	Mass – VIGIL MASS for 17th SUNDAY IN ORDINARY TIME
Sun 25 th	9.30am Christ the King LIVE STREAMED	17TH SUNDAY IN ORDINARY TIME WORLD DAY for GRANDPARENTS and the ELDERLY

MASS ATTENDANCE

please remember to book.

To book attendance, email; carmelbending1922@gmail.com (for CTK)
michellecarroll5@aol.com (for StB)

The First World Day for Grandparents and the Elderly - Sunday 25th July

Both parish churches will be open on Friday 23rd July between 1-2pm to allow candles to be lit for grandparents and for grandparents to light for their grandchildren. There will be a special blessing for all grandparents at both masses; Saturday 24th & Sun 25th for their role and vocation in passing on their faith to the next generation.



REFLECT
ENRICH
BUILD
PATRIS
CORDE
Encounter
St Joseph
9-13 August
Online
To join
in contact:
seniorcamp@prcdtr.org.uk
DIOCESE OF
PLYMOUTH
SENIORCAMP
2021

Diocesan summer Camps for Young people
Book NOW!

Junior camp -years 3-6

Further info: juniorcamp@prcdtr.org.uk

Senior Camp -years 7-10

further info: seniorcamp@prcdtr.org.uk

PRAYER OF CONSECRATION TO BLESSED MOTHER OF THE MIRACULOUS MEDAL FOR THE END TO THE COVID PANDEMIC

O Mother of God, Blessed Virgin and conceived immaculate, we sanctify and consecrate ourselves to you in the name of the Blessed Mother of the Miraculous Medal.

May this medal be an unfailing sign of your boundless love towards us and our fidelity towards you, O Mother!
All those who wear the miraculous medal, in faith may enjoy your loving protection and be sustained in the grace of Jesus, your beloved son. O Blessed Mother, keep us close to you and obtain for us your children, a happy and healthy life and protect us from Corona Pandemic and all other contagious diseases and dangers. Through our prayers, penance and acts of charity we may receive remission of our sins by the grace of Jesus, your beloved son and our saviour and through your powerful intercession may we be blessed with a healthy life, a happy death and eternal bliss in heaven Amen.

O Mary conceived without sin...
Pray for us who have recourse to thee.

PARISH QUIZ NIGHT

WHEN? Friday 30th July 7pm

WHERE? St Bernadettes church Hall

WHY? To raise money for the Parish

To practice for the Diocesan Quiz in September

WHAT? 8 rounds- religion, Patron Saints, Food & Drink and Music.

HOW? Teams of up to 6 - £1 per person entry

MORE? Mike Mahon 07519932238 or malaiika13@yahoo.co.uk



Please remember in your prayers...

Fr Chacko
Carol Hyde
Christopher Budd
Naille Bala
Canon John Webb
Tony Bateman
Margaret Simpson
Gareth Hughes
Marcia Russell
Pauline Warburton
Veronica Williamson
Anna Browne
Lucy Rose
Miriam Miller
Sheila Perry
Chelsea Waring
Sheila Browning
Maria Heyes
Mary Carmody
Miriam Park
Mary Neito
Anne Flood
Sheila Shelley
Judd Barker
Theresa Smith
Grace Leung
Imogen Garcia
Thomas Torok
Mary Hogan
Katrina Brookes
Mary Trott
Lee Langdown
Neville Rogers
Barbara Rogers
Frances Herbert
Elina O'Connor
The Martin family
The Bailey family
The Russell family
The Place & family
Kathleen & Mike Carter
Jocelyne & Peter Cotrel

Those who have died recently & whose anniversaries are at this time....
Elwyn Hughes

Please let Madeleine know if you are ready to have your name removed or wish for a name to be added..

