

**ENTRANCE ANTIPHON**

Cf. Ps 80: 17

**He fed them with the finest wheat  
and satisfied them with honey from the rock.**

**THE COLLECT**

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

**FIRST READING**

A reading from the book of Exodus

24:3-8

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

The word of the Lord.  
**Thanks be to God.**

**PSALM**

Ps 115:12-13. 15-18. R.v13

**R) The cup of salvation I will raise;  
I will call on the Lord's name.**

How can I repay the Lord  
for his goodness to me?  
The cup of salvation I will raise;  
I will call on the Lord's name **(R)**

O precious in the eyes of the Lord  
is the death of his faithful.  
Your servant, Lord, your servant am I;  
you have loosened my bond **(R)**

A thanksgiving sacrifice I make:  
I will call on the Lord's name.  
My vows to the Lord I will fulfil  
before all his people **(R)**

**SECOND READING**

A reading from the letter to the Hebrews

9:11-15

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God.

He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

The word of the Lord.  
**Thanks be to God.**

**SEQUENCE (Shorter form)**

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:  
Oft in the olden types foreshowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;

O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.

**GOSPEL ACCLAMATION**

Jn 6:51-52

**Alleluia, alleluia!  
I am the living bread which has come down from heaven,  
says the Lord.  
Anyone who eats this bread will live for ever.  
Alleluia!**

**GOSPEL**

Mark 14:12-16. 22-26

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Mark.  
**Glory to you, O Lord.**

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

After psalms had been sung they left for the Mount of Olives.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.****PRAYER OVER THE OFFERINGS**

Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present.  
Through Christ our Lord.

**COMMUNION ANTIPHON**

Jn 6: 57

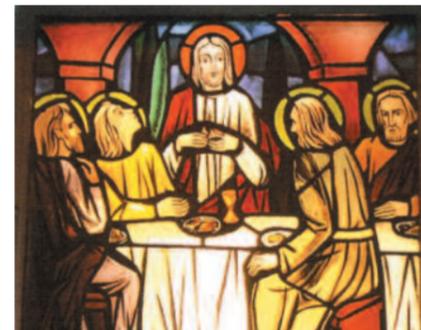
**Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.**

**PRAYER AFTER COMMUNION**

Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and Blood.  
Who live and reign for ever and ever.

# Our Faith on Sunday

## GOSPEL REFLECTION



The institution of the Eucharist as described in today's Gospel is very minimalistic. Jesus simply blesses the bread and says, "this is my body". Then he takes the cup of wine and says, "this is my blood". The key word here is the word "is". Jesus could have said "symbolises" or

"stands for" or some other 'weaker' expression. In the Gospel of John, which we read last year, Jesus is much more explicit. He says: "if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you". The life Jesus is talking about here is the life of God. The food we eat every day is digested and becomes part of us, of our body. This divine food which Jesus gives us has the opposite effect, it transforms us into God. However, there are certain conditions without which this transformation cannot take place. We must be at peace with every brother and sister. In Matthew's Gospel Jesus tells us that

if you come to the altar and realise that your brother or sister has something against you, you must "leave your gift there in front of the altar. First go and be reconciled to your brother and then come and present your gift." The Eucharist is a huge gift from God, but it will have no effect on us if we are not reconciled with our brother or sister.



### EVANGELII GAUDIUM (JOY OF THE GOSPEL)



## BROTHERS AND SISTERS ALL GLOBALIZATION AND PROGRESS WITHOUT A SHARED ROADMAP

31. In this world that races ahead, yet lacks a shared roadmap, we increasingly sense that "the gap between concern for one's personal well-being and the prosperity of the larger human family seems to be stretching to the point of complete division between individuals and human community... It is one thing to feel forced to live together, but something entirely different to value the richness and beauty of those seeds of common life that need to be sought out and cultivated". Technology is constantly advancing, yet "how wonderful it would be if the growth of scientific and technological innovation could come with more equality and social inclusion. How wonderful would it be, even as we discover faraway planets, to rediscover the needs of the brothers and sisters who orbit around us".

### The name 'Corpus Christi' is Latin for 'the body of Christ'

This jubilant festival is celebrated to proclaim the truth of the transubstantiation of bread and wine into the actual body of Christ during Mass.

How do we know this? We know this by faith.

*Catechism of the Catholic Church explains.....*

**1380** The church and the world have a great need for Eucharistic worship. Jesus awaits us in this sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith, and open to making amends for the serious offenses and crimes of the world. Let our adoration never cease.

**1381** "That in this sacrament are the true Body of Christ and his true Blood is something that 'cannot be apprehended by the senses, says St Thomas, 'but only by faith, which relies on divine authority.' For this reason, in a commentary on Luke 22:19 (This is my body which is given for you.)



St Cyril says: "Do not doubt whether this is true, but rather receive the words of the Saviour in faith, for since he is the truth, he cannot lie"





**HOLY FAMILY  
PARISH**

## PARISH OF THE HOLY FAMILY, BOURNEMOUTH

Incorporating the churches of  
Christ the King, Kinson and St Bernadette's, Ensbury Park  
Plymouth Diocesan Trust Registered Charity No: 213227

NEWSLETTER ARTICLES to [michellecarroll5@aol.com](mailto:michellecarroll5@aol.com) please submit by 5pm Thursday

PARISH OFFICE 01202 577638  
[holyfamilykinson@gmail.com](mailto:holyfamilykinson@gmail.com)

Christ the King Church  
(& Parish Office)  
46 Durdells Avenue, Kinson  
BH11 9EH

Our Lady of Victories &  
St Bernadette Church  
46 Draycott Road,  
Ensbury Park BH10 5AR

Fr Chacko Panathara C.M  
07832026055

LSU Sisters  
79 Rochester Road  
BH11 8AH 01202 383016

Sr Rosie PHJC  
97 Namu Road  
BH9 2RA 07504816370

Safeguarding;  
Paddy Williamson (CTK)  
01202 920057  
Mike Carter (St B)  
07468480837

Hospital Chaplain  
Bournemouth 01202 704221  
Poole 01202 442167



Keep up to date with  
the Parish Facebook  
Holy Family Parish  
Bournemouth

*Dear Parishioners,*

Today, we celebrate CORPUS CHRISTI - *The Body of Christ*

*Christ has no Body but yours,  
No hands, no feet on earth but yours,  
Yours are the eyes with which he looks compassion on the world,  
Yours are the feet in which He walks to do good,  
Yours are the hands, with which he blesses all the world.  
Yours are the hands, yours are the feet,  
Yours are the eyes, you are His body.  
Christ has no body now on earth but yours*

– St. Teresa of Ávila (attributed)

As we eagerly await lockdown to ease and we can resume parish activities again, let us remember this and come together to build up our Parish and be a real presence of Christ.

Please see our request for parishioners to carry our ministries especially to join the Pastoral Parish Council.

Please contact Madeleine if you are interested and would like more information.

May God bless you all from His abundance. In the meantime, continue to stay safe and be blessed!!!!

*Fr Chacko*

**OFFERINGS – PLEASE SET UP STANDING ORDER IF YOU CAN ☺**

BANK DETAILS: PRC DTR KINSON RC PARISH

SORT CODE: 51-81-20 ACCOUNT: 72768401

If you are a taxpayer, please giftaid, it really does make a difference to the Parish.

For more information, contact Christine Elie [Christine.elie21@gmail.com](mailto:Christine.elie21@gmail.com)

### THE PARISH NEEDS YOU!

We are looking for people to read, to serve and to be Eucharistic Ministers?

We are looking for people to join the Pastoral Parish Council

to be part of the plan to move forward?

*Interested? Contact Madeliene who will put you in touch with correct person.*

DAY	TIME AND CHURCH	Celebration or Feast Day
Sat 5 <sup>th</sup>	6pm at St Bernadettes	<b>VIGIL MASS of THE BODY AND BLOOD OF CHRIST</b> <i>St Boniface – Patron of our Diocese</i>
Sun 6 <sup>th</sup>	9.30am Christ the King <b>LIVE STREAMED</b>	<b>MASS of THE BODY AND BLOOD OF CHRIST</b>
Mon 7 <sup>th</sup>	6pm Adoration 6.30pm Mass at St B	Weekday Mass
Tues 8 <sup>th</sup>	9.30am Mass at CTK	Weekday Mass
Wed 9 <sup>th</sup>	<b>NO MASS</b>	
Thur 10 <sup>th</sup>	9.30am Mass at CTK	Weekday Mass
Fri 11 <sup>th</sup>	9.30am Mass at CTK	<b>THE MOST SACRED HEART OF JESUS</b>
Sat 12 <sup>th</sup>	6pm at St Bernadettes	<b>The immaculate Heart of Blessed Virgin Mary</b>
Sun 13 <sup>th</sup>	9.30am Christ the King <b>LIVE STREAMED</b>	<b>11<sup>TH</sup> SUNDAY IN ORDINARY TIME</b>

**MASS ATTENDANCE** please remember to book.

To book attendance, email; [carmelbending1922@gmail.com](mailto:carmelbending1922@gmail.com) (for CTK)  
[michellecarroll5@aol.com](mailto:michellecarroll5@aol.com) (for StB)

### CONFIRMATION MASS FOR OUR YOUNG PEOPLE

**SUNDAY 13<sup>TH</sup> JUNE at 11am for candidates and guests only**

Mass at Christ the King will be at the earlier time of 9am on this day



#### CROWNING OF OUR LADY at St Bernadette's

The sun shone as the rosary was recited and a crown of Flowers placed on Mary's head.

Queen of the Most Holy Rosary...Pray for us  
Immaculate heart of Mary... Pray for us



#### Transition to recovery

Following our transition to stage 3 of the Diocesan's roadmap; we are now permitted to carry out the following:

- \* Votive lights can be lit (keep distance)
- \* Offertory procession and bringing up of gifts (same bubble)
- \* Veneration of statues (no touching)
- \* to answer AMEN when receiving the host at communion

Its good to start to be able to do theses things but please remember rules that still apply - **HANDS – FACE – SPACE!**

### The Knot Prayer

- Author Unknown -

Dear God,

Please untie the knots that are in my mind, my heart, and my life.

**Remove** the have nots, cannots, and the do nots.

**Erase** the will nots, may nots, might nots that may find a home in my heart.

**Release** me from the could nots, would nots, and should nots that obstruct my life.

And most of all, dear God, I ask that you remove from my mind, my heart, and my life all of the "am nots" that I have allowed to hold me back. Especially the thought that I am not good enough.

The Knot prayer...

Amen

### YOUTH EVENTS

3<sup>rd</sup> & 10<sup>th</sup> July  
Diocesan Youth days

**KEEP DATES IN DIARY**

Interested?  
Contact Michelle  
We are looking at going as a group together.

**HAPPY JUNE!** 😊

### CANA WEEK

Rekindle your love for each other

July 25th - 31st, 2021  
SCLERDER ABBEY  
Sclerder Lane  
Looe  
Cornwall  
PL13 2JD

Register your interest 'NOW' as places are limited

All details to be found on our website  
[www.chemin-neuf.org.uk](http://www.chemin-neuf.org.uk)  
or email us on [canaukinfo@gmail.com](mailto:canaukinfo@gmail.com)

A time to experience God who loves you both and wants to strengthen, renew and deepen your love for each other



Please remember in your prayers...

Christopher Budd  
Naille Bala  
Canon John Webb  
Tony Bateman  
Margaret Simpson  
Gareth Hughes  
Marcia Russell  
Pauline  
Warburton  
Veronica Williamson  
Anna Browne  
Lucy Rose



Miriam Miller  
Sheila Perry  
Chelsea Waring  
Sheila Browning  
Maria Heyes  
Mary Carmody  
Miriam Park  
Mary Neito  
Anne Flood  
Sheila Shelley  
Judd Barker  
Theresa Smith  
Grace Leung  
Fr Jude  
Imogen Garcia  
Thomas Torok  
Mary Hogan  
Katrina Brookes  
Mary Trott  
Lee Langdown  
Neville Rogers  
Barbara Rogers  
Frances Herbert  
Elina O'Connor  
The Martin family  
The Bailey family  
The Russell family  
The Place & family  
Kathleen & Mike Carter  
Elwyn & Awena Hughes  
Jocelyne & Peter Cotrel

Those who have died recently & whose anniversaries are at this time....  
Eileen Bendall

Please let Madeleine know if you are ready to have your name removed or wish for a name to be added..